**SENIOR ADVISORY BOARD MIUTES**
**Wednesday, February 8, 2012**
**1:00 PM**
**Lafayette Senior Services**

**Board Members Present:**
Claudia Johnson, Carol Poore, Jay Ruggeri and Robin Osborne.

**Board Members Absent:**
Jean Gilmore, Bob Magin, Diane Robison and Ruth Gensert Jones

**City Council Liaison:**
Brad Wiesley

**Senior Services Staff:**
Mary Lester, Senior Services Manager

OPENING OF REGULARLY SCHEDULED MEETING 5 minutes
The Meeting was called to order at 1:10 p.m. by Claudia Johnson and the Pledge of Allegiance was said.
Carol Poore moved that the January minutes be approved as amended it was seconded by Jay Ruggeri and past unanimously.

ITEMS FROM THE PUBLIC
None

**WELCOME** 5 minutes
Jay Ruggeri was appointed to the Senior Advisory Board on Tuesday, February 7, 2012 at the City Council Meeting.

**GUEST**
Janaki Lefils with Senior Reach presented to the board regarding Mental Health Services available in the community as part of a grant ( in its 7th year) with the Mental Health Center for senior mental health. Senior Reach relies on traditional referrals; churches, senior services, doctors. They also have staff at Clinica Campesnia, Salud and the peoples clinic where people can see a mental health specialist during a regular visit to the clinic. An older adult can see a licensed therapist 12 times for free. This can take place in their home or at one of the clinics.

CITY COUNCIL LIAISON REPORT
Brad Wiesley, City Council Liaison

- Brad reported that Jay Ruggeri was approved to be on the SAB at the last City Council meeting.
- Brad announced the city was given a AAA bond rating and is one of only 2 cities in the state to receive this rating. This saves residents on interest on bonds.

- Brand announced that the city is going to be building a new Fire Station south of town but north of the hospital and east of highway 287. This will give people living in the south portion of Lafayette a better response time especially when the weather is bad. This could happen in late 2012 or early 2013.
- A new citizens committee or 7 will be formed this spring to work on the revitalization of Public Road.
- Brad said he really like the new floor at senior services.
- Brad announced that the Library is going to do a small renovation. The building is 15 years old and they want to update the building and some of the technology.

## STAFF REPORTS 10 minutes

Mary Lester, Senior Services, Manager

- Mary reported that registration will be moving to the recreation center beginning with the summer brochure. Senior Services will still take registration for foot care, massages, lap robes and loan closet because they either need an appointment or with lap robes we are selling things that the group made.
- Mary asked the board to brain storm for 5 minutes on what programs they think of when they hear:
    - Senior Services
        - Responses included:
            - Lunch
            - Trips
            - Classes
            - Resources
    - Recreation Center
        - Response included:
            - Fitness
            - SilverSneakers

## COMMITTEE REPORTS

Hospitality

- From 1/12-2/8 2 Get Well and 24 Valentine's. Mary informed the board that it may not seem like such a big deal to send out cards, but those that are ill or homebound really appreciate being remembered and she gets many thank you cards from people we keep in contact with. Thanks to Lela Rippeth for continuing to take on this task.

Housing

- Josephine Commons Meeting
    - Mary reported that the first meeting to start the rental process is Friday, February 24, 2012 at 11a.m. at Senior Services. Boulder County staff will be here to discuss the requirements for renting and the process.
- Comprehensive Plan
    - The planning department is updating the City of Lafayette Comprehensive Plan and Mary would like to meet to discuss areas the SAB may want to have included. Mary, Jay and Carol set up a meeting of the housing committee to discuss additions that we would like to see added to the comprehensive plan. Mary said she was in the process of reading and would like to see some older adult verbiage

in some areas and the addition of changes to codes that will assist with different housing options like co-housing and accessory housing. Carol and Jay will meet on Tuesday, February 21, 2012 at 9:30 a.m. at Senior Services. Robin suggested that we need more assisted living facilities and Mary agrees and added that we also need skilled nursing facilities and a memory unit in Lafayette.

- DRCOG Boomer Bond
    - Jay has been attending meetings through DROCG's Boomer Bond. He will continue to attend the Livable Communities and Housing meetings and report back to the board regarding the outcomes. The group is in the process of developing an assessment toolkit for local governments to assess key features of a livable community. This toolkit will also include best practices. Jay reported that there are many levels and people can just be on the email list to get information.
    - Jay said he would be sending information to city council regarding the Boomer Bond. Mary asked that he not send it directly, but instead it should go through the board, our department director or our city council liaison. Brad said he would talk to Mayor Cutler about this project.
    - Jay said he would forward packet information to Curt, Brad and Robin.

Nutrition

- Meals on Wheels of East Boulder County
    - Meals on Wheels have a new Director and she has asked Lorna to present at an upcoming training for their volunteers. She will cover what volunteers should watch for, self determination and how to make referrals.

Programs for younger seniors

- Renee has met with a younger older adult that has lost his job do to lay-offs and is having a difficult time finding work because of his computer skills. They are working on 4 week classes on Word, Excel and Power Point that will increase skill levels for those looking for work. They will be in the summer brochure.

Foundation

- Robin Osborne is going to use the Friends of the Library By-laws to create the foundation by-laws. She feels we really need to get moving on finding members, so that those members can assist with the creation of the foundation so they have buy-in. She has had a difficult time connecting with Bob Magin and she is happy to take over the project, but she does not want to do this unless Bob is okay with this happening. Claudia said that she would contact Bob M. and then call Robin with his decision.

## SCHEDULED AGENDA ITEMS

- Rules of Behavior at Senior Center-Tabled
- Election of Officers-Tabled
- Open alternate position-Tabled
- New Meeting Time
    - The group discussed the possibility with making the meeting time later since quite a few members work full-time. They decided to hold meeting the same day, the 2nd Wednesday of the month, but to change the time to 3:30-5:30 p.m.

## ANNOUNCEMENTS

**NEXT MEETING MARCH 14, 2011 3:30-5:30 P.M. SENIOR SERVICES**

SUGGESTED AGENDA ITEMS FOR THE MARCH 14, 2012 MEETING:

- Rules of behavior, Election of Officers, and Filling the alternate position that is open.

## ADJOURNMENT

- The meeting was adjourned at 3:00 p.m.