Senior Advisory Board Meeting
Wednesday April 11, 2012
Lafayette, Senior Services

Board Members Present:
Claudia Johnson, Carol Poore, Ruth Gensert Jones, Bob Magin, Robin Osborne and Diane Robison

Board Members Absent:
Jay Ruggeri, Jean Gilmore

City Council Liaison:
Brad Wiesley did not make the meeting.

Senior Services Staff:
Mary Lester, Senior Services Manager

Public representative:
None

OPENING OF REGULARLY SCHEDULED MEETING
Claudia Johnson called the meeting to order at 3:37p.m. with the Pledge of Allegiance.
Bob Magin moved and Carol Poore seconded that the March minutes be approved with the addition of Christopher Schweitzer's name as audiologist under Foundation members. Minutes were unanimously approved with the revision.

ITEMS FROM THE PUBLIC:
None

CITY COUNCIL LIAISON REPORT:
Brad Wiesley was not present.

STAFF REPORTS
Mary Lester, Senior Services Manager

- Registration process is going well and the number of registrants is up.
- Last Saturday's "Walk with the Doctor" went very well.
- Looking at the fee schedule
  - Looking at some fee increases and looking at charging more for classes for those aged 18-54.
  - Charging a membership fee of $12/year for Lafayette residents and $24/year for nonresidents to help cover the cost of coffee and snacks.
- Ruth suggested offering a progressive discussion group to discuss a wide range of timely/current topics.

COMMITTEE REPORTS:
ACC:

- Meeting Update—Mary attended the first half and Robin the second half of the meeting.
  - Mary presented an update of Lafayette including Josephine Commons and Affinity apartments..
  - Ruth and Rebecca have left the committee.
  - Rebecca works with a program involving deaf and adult hearing loss people and will contact Lorna regarding offering programs here..
  - ACMI changes
    - The service is thru Medicaid.
    - Those in need will not need to go to skilled nursing facilities.
    - Money follows the person—program figures out and expands the "grey zone."
  - Melissa Pruit talked about evidence based wellness and the importance of exercises such as ankle, leg raises, etc. as well as the fear of falling.
  - Be Well Colorado
    - Tuesday, May 1-June 5, 2012
    - July 9-27, 2012—Matter of balance, in balance, more exercises
    - Chronic disease class
  - Funding for Evidence Based Programs part D
  - Generations United
    - Sherry Leach
    - May 2 at 10 AM
    - Can register on-line
  - Next meeting to be held in Lafayette is Dec 7 at the Library from 9-12.
  - Volunteers Luncheon
    - Spice of Life
    - April 26, 2012 from 11:30-1:30
    - Mary will look into getting a van if enough board members are going—Claudia, Ruth and Robin are planning to go.
    - RSVP online or at 303-678-6286

HOSPITALITY:
Cards sent by the Hospitality Chairman 3/15/12-4/11/12:

Get Well	1
Easter	23

HOUSING:

- Josephine Commons Meeting
  - Next meeting is Wednesday, April 25, 2012 from 9-11 a.m. here at Senior Services for those individuals who have filled out both applications.
  - Lunch will follow at 12 noon.
  - Construction is going well and they have begun work on the duplexes.

NUTRITION:

- Mayor for Meals Day was Wednesday, March 21, 2012.
  - All but two City Council members attended.
- Congregate Meal-Site at Josephine Commons
  - Working on a budget
  - Meals on Wheels will be moving to Josephine Commons because their current site is too small.
  - Senior Services might share the kitchen or we might use them for our lunch program.
    - We will probably do a 3-day taste test to see if we like their menu and food preparation.
    - Senior Services will have to lease our kitchen space and pay for our insurance, maintenance, etc.
    - Our contract with the caterer is for 1-year beginning in January.

FOUNDATION:

- By-Laws
  - Robin wrote the By-Laws and Articles
  - Will be sent to the City Attorney for approval.
- Articles of Incorporation
  - Robin wrote the By-Laws and Articles
  - Will be sent to the City Attorney for approval.
- Letter to Chamber Members
  - Robin wrote a letter to prospective foundation members.
  - The letter was distributed to the board for discussion. Several suggestions were made and will be incorporated into the letter.
- Chamber Member Recruitment Meeting
  - Should be held ASAP.
  - May 11, 2012 was suggested for the informational meeting to be held at the Senior Services Center.

POGRAMS FOR YOUNGER ADULTS:

- Bike Rides
- Computers
  - Renee is setting up a new computer class to help keep seniors in the job force...

SCHEDULED AGENDA ITEMS:

- Medicare/Social Security AARP Forum was Monday, March 19, 2012 at 11 A.M at the Denver Botanical Gardens. Carol, Claudia, Diane and Ruth attended the forum and gave a review.
- Volunteer of the Year Award
  - Carol Poore won the award.
  - The ceremony will be 6-7 PM at City Hall in the City Council Chambers.
  - The board was encouraged to attend in support of Carol. Diane, Claudia and Bob volunteered.

- Colorado Parks and Recreation Association Advocacy Council Picnic
    - Tuesday, April 17, 2012
    - 11 a.m.-1:30 p.m.
    - Civic Center Park Denver
    - Mary will attend because Vets have introduced a bill to have their own lottery ticket with the funds going directly to them.
    - If this bill passes, money for Parks and Recreation and Open Space will be affected and we want to save our funding that was voted in by the people of Colorado in 1992.

ANNOUNCEMENTS:

- None

SUGGESTED AGENDA ITEMS for the May 9, 2012 Meeting:

- None

ADJOURNMENT:

5:25 P.M.

The next regularly scheduled meeting will be Wednesday, May 9, 2012 at 3:30 P.M. at Lafayette Senior Services.

Submitted by Diane Robison, Secretary