Senior Advisory Board Meeting
Wednesday, April 10, 2013
Lafayette, Senior Services

Board Members Present:
Carol Poore, Ruth Gensert Jones, Robin Osborne, and Diane Robison

Board Members Absent:
Jay Ruggeri, Bob Magin, Jean Gilmore (alternate 1)

City Council Liaison:
Brad Wiesley, City Council

Senior Services Staff:
Vern Swanagon, Senior Services Manager

Public representatives:
Joyce Summers, volunteer
Debbie Wilmot, Public Information Officer for the City of Lafayette.

OPENING OF REGULARLY SCHEDULED MEETING
Robin Osborne called the meeting to order at 335 p.m. with the Pledge of Allegiance.
The March minutes were unanimously approved.
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ITEMS FROM THE PUBLIC:
Debbie Wilmot was asked to speak to the Board regarding PR/Marketing.

- Robin Osborne and Diane Robison gave their views on what the Board needs from Debbie.
- Robin stated that Ryan a financial advisor was interested. Debbie suggested that Robin go to several Financial Advisors' Companies and pitch the needs of the Aging Advisory Board.
- Robin asked where to look for a grant writer and fund raiser. Debbie responded that anyone with an interest in grant writing or fund raising could grow into it. There are free grant writing seminars out there. Debbie will keep us posted as to when and where they will be held. Whomever we get to do this needs to realize there is a time commitment because it is time consuming to find grants. Debbie also suggested that Robin attend the council's chamber after hours and give a brief job description to those present. She also suggested putting together a flyer and posting it at Josephine Commons and Affinity. There is also a professor At Metro State that presents a class on grant writing. Debbie will have her get in touch with Robin. Perhaps there is a student who would like to volunteer researching and writing a grant for us for credit.
- The flyer should include what is the purpose of the board—such as to help seniors with lawn service, care giving, keeping seniors in their home for as long as possible, equipment allowing mobility,, etc.

- Precision Heating and Plumbing is giving away $1000 each month to different nonprofit organizations. Robin needs to contact them to find out how to apply.
- Jax has different companies coming to give talks at the store. Contact Jim Quinlin to find out more.
- Wal-Mart gives money to nonprofit organizations. Check to see when to apply. Talk to Robert Wilson at the police department for information regarding Wal-Mart's donations.
- The City Update has a section dedicated to volunteers every month. If Robin can get descriptions of the Board's positions to Debbie early next week, she can post it in the May update.
- Check out the Volunteer Connection website. They have online applications.
- The Daily Camera has a section on Sundays for volunteers. We could post a request for the specific positions we need.

CITY COUNCIL LIAISON REPORT:

Brad Wiesley responded to the questions/concerns we had discussed at the March meeting.

- Brad sent the list of questions we had to the County Housing Authority. Not all the questions have answers we want to hear.
- Zero step entry for the front entrance time line looks to be late summer or early fall.
    - Apparently, we cannot use a temporary ramp. It would disrupt vans dropping off people and does not meet the requirements of the Disabilities Act.
- We cannot give input to the plans in the early stages but will be able to review the plans once they are done and give our input at that point.
- There is an onsite coordinator according to the Housing Authority. A resident has been hired to take care of minor issues that arise. This is a paid position. Edna is the part-time Property Manager. Vern attended a meeting this week and there will not be a person at the front desk from now on.
- The Housing Authority is talking about a fire drill. Carol raised the issue that there are residents on the second and third floors that are unable to use the stairs if there is a fire drill or a real fire. In addition, there is no "safe room" to wait in case of a fire.
- The Housing is working on Phase 2. They submitted revised development plans—"Aspen Wall". Carol was told that there would be 60% zero step entries in Phase 2 but is concerned.

STAFF REPORTS

Vern reported:

- The City will no longer reimburse volunteers for out of pocket expenses. Vern will meet with Lela Rippeth, Hospitality Chairman. Instead of Lela purchasing cards, stamps, etc., the Senior Center will need to purchase them directly.

- Carol asked if the Senior Center purchased the snack machine. Vern responded that it was leased and we are just trying it out. Vern commented that it was not working out and would probably be removed shortly.
- There was a nutrition audit today with 8 guests attending lunch at Josephine Commons. We have 3 licenses posted.

Renee reported:

- The Senior Center started a new program—Pickle Ball. Pickle ball is a racquet sport which combines elements of badminton, tennis, and table tennis. The sport is played on a court, indoors or outdoors, with the same dimensions as a doubles badminton court. The net is similar to a tennis net, but is mounted two inches lower. The game is played with a hard paddle and a polymer smaller version of a wiffle ball. Pickle-ball is a fun game for all ages. The class will be held Mondays and Thursdays from 1:30-3:30 p.m. in the gym at the Recreation Center. It will be a drop-in program that is free to Silver Sneaker's members or $2.50 for other seniors.
- If there is additional input into the new brochure, Renee needs it by Friday.
- Senior Health and Fitness Day
    - May 29, 2013 at Festival Plaza
- May is Older American's Month
    - May 16, 2013 is Older American's Day in Lafayette.
- Every Wednesday in June, the Senior Center will have the outdoor picnics.
- Bubble Day
    - Wednesday, July 17, 2013 after lunch

COMMITTEE REPORTS:

ACC:

Robin Osborne reported on the April meeting:

- The committee has 9 new members.
- They talked about their goals.
- The next meeting will be in Boulder at the Court House.
- ACC is taking on Housing as a goal for 2013.
- There is possibly new Senior Housing in Louisville and Nederland.
- Care Giving Symposium on May 21, 2013 from 12-5 p.m. at the Calvary Bible Church in Boulder.
    - Registration is free.
- April 17, 2013 is the volunteer luncheon at the Spice of Life at 11:30 a.m.
- Silver Reels
    - Saturday, May 11, 2013 from 1-4:30 p.m.
        - Short Documentary: Old People Driving
        - VIA transportation presentation
        - Feature Film: Age of Champions
        - Location at Centaurus High School, Lafayette
        - $7-$10 donation pay at door

    - Saturday, May 18, 2013 from 1-4:30 p.m.
        - Short Documentary: Raging Grannies
        - Songs from the Denver Chapter of Raging Grannies
        - Feature Film: All Together—starring Jane Fonda
        - Location at Boedecker Theater, Boulder
        - Reserve tickets at www.dairy.org
- ARCH
    - Served 585 unduplicated consumers
    - Covered questions that covered a diverse range.
        - How to bury a deceased, but indigent relative
        - How to avoid nursing home institutionalization
        - How to get support for financial fraud
        - How to survive Medicaid spend-down

    - 95 % of callers reported that the information was helpful and they would call again.
- Older Americans Coalition information and assistance flyer.

HOSPITALITY:
Cards sent by the Hospitality Chairman, Lela Rippeth 3/14/13-4/10/13

Sympathy	0
Get Well	2
Easter Cards	22

Lela purchased a 100 roll of stamps at a cost of $46.

HOUSING:
- Josephine Commons update by Carol Poore. Nothing in addition to the discussion with Brad.

NUTRITION:
- Diane Robison reported that she attended 3 of the programs last month. While they were short, they were well attended.
- Nothing else in addition to Vern's report.

FOUNDATION:
- Robin Osborne reported that the information from Debbie Wilmot was very helpful.

PR/MARKETING:
- See Debbie Wilmot's comments.

PROGRAMS FOR YOUNGER SENIORS:
- Ruth reported that Renee has posted the Singles Mingles in the new brochure. The Senior Center is hoping to help with the structure of the program.
- Vern let the group know that this group is advertised in the trips section of the brochure.

- Ruth asked about a “movie night”. Vern responded that we need permission to rent movies to show at the center. She will look into what is necessary to do to go through the process.

COMMUNITY AWARENESS:
No report as Bob Magin was not present.

SCHEDULED AGENDA ITEMS:
- Strategic Goals for 2013
  - Discussion was tabled till next month due to so many missing board members. Robin requested that the board review the goals for which they responsible and be ready to outline the task completion date(s).
  - Robin also requested that we think about how we have impacted the seniors to make life better for them.
- Status of Applicants for both the Senior Advisory Board and Aging Advisory Board was tabled.

ANNOUNCEMENTS:
- Mike Eikenberry has submitted his resignation although it is not official yet.

SUGGESTED AGENDA ITEMS for the May 8, 2013 meeting:
- Strategic Goals for 2013
  - Discuss the ownership of tasks and outline task completion dates. Should PR/Marketing be a separate goal?
- Housing subcommittee for Josephine Commons issues
- Openings:
  - Board member positions--1 full member and an alternate member
  - Status on applicants for Senior Advisory Board
- Aging Advisory Board
  - Status on applicants
- Results of the State Aging Audit

ADJOURNMENT:
5:05 p.m.
The next regularly scheduled meeting will be Wednesday, May 8, 2013 at 3:30 P.M. at Lafayette Senior Services.

Submitted by Diane Robison, Secretary