

KINDER PREP

A WORLD OF THANKS!

Thank you to all families who participated in our teacher conference day. You are your child's greatest resource! We are grateful to be part of your child's early learning.

There are so many things to discover and be thankful for as the seasons change. This month, we'll make lemonade in a baggie and discover the tastes of sweet, sour and salty. We will weigh pumpkins, learn how to "sign" thank you, practice the "sounds of the alphabet" and discover America on our Mayflower Ships!

Family to Family Program

The preschool program will be giving back to our community this holiday season! We will be "adopting" two families to help ensure they have a wonderful holiday season. We are coordinating this through the City's Human Resource Department and Family-to-Family, a Boulder County Department of Housing and Human Services program. We hope it provides a wonderful experience for you and your family and we thank you in advance for your support and generosity as we give back to our community. More information will follow as this develops.

Parent Teacher Communication

If your child will be out sick or not in class for any reason, please let us know. You may contact your teacher, via email at:

Ms. Sue

susan.terwilliger@cityoflafayette.com

Ms. Erin

erin.trickey@cityoflafayette.com

Ms. Lynne

lynne.james@cityoflafayette.com

Ms. Heather

heather.nelson@cityoflafayette.com

OR you can call the Front Desk @ 303-665-0469 and leave a message. You may also call or email Karen Snortland at: 303-665-0469 ext 3458, karens@cityoflafayette.com



Session "D"

Date: November 1 - 30, 2012

Special Points of Interest

- King Soopers Parent Work Shop - Monday, Nov. 5th, 6-7pm - Register at the front desk
- No School/Veterans Day - Monday, Nov. 12th
- Fall Break...Enjoy! - Nov. 19th - Nov 23rd
- Register for Falling Leaves Preschool Camp at the front desk
- Pre School Payment Due: Mon., Dec. 3rd

November Birthdays

Does your child have a November birthday? Great! We are looking forward to celebrating with them! Please let us know, in advance if you will be brining in a special snack for the class to enjoy. Due to many allergies, all snacks must be store bought and have the original label on the packaging.

Thank you!



Show & Tell

- Show & Tell is featured on the last day of the week (Thursday for the Tue/Thur class and Friday for the M/W/F class)
- **WK #1:** (Nov 8 & 9) Something beginning with the letter "I"
- **WK #2:** (Nov 15 & 16) Something beginning with the letter "J"
- **WK #3:** (Nov 29 & 30) Something beginning with the letter "K"

The Super Ten, Play-it-Safe Rules for Kids & Grownups!

1. I AM THE BOSS OF MY BODY!
2. I know my NAME, ADDRESS, & PHONE NUMBER, and my parents' names too. (Don't forget: kids need to know their parents' cell phone numbers!)
3. Safe Grownups Don't Ask Kids for Help!! (They go to other grownups if they need assistance).
4. I never go ANYWHERE or take ANYTHING from someone I don't know.
5. I must "CHECK FIRST" with my safe-smarts grownup for permission: before I go anywhere, change my plans, or get into a car even if it's with someone I know. If I can't check first, then the answer is NO!
6. Everybody's bathing suit areas are PRIVATE.
7. I don't have to be POLITE, if someone makes me feel scared or uncomfortable. It's okay to say NO... even to a grownup, if I have to.
8. I don't keep SECRETS... especially if they make me feel scared or uneasy. (No adult should tell a child to keep a secret).
9. If I ever get LOST in a public place, I can FREEZE & YELL or go to a Mom with Kids and ask for help.
10. I will always pay attention to my Special Inner Voice, especially if I get an "uh-oh" feeling.

Copyright © 2008 – Safely Ever After, Inc. All rights reserved.



Learning Adventures

Math

- How Many Feathers?
- Counting Kernels
- Measuring Beans
- Roll the Dice
- Weighing Pumpkins

Art

- "Handycorn" Placemats
- Mayflower Ships
- Turkey Headbands
- Thankful Turkey
- Rainsticks
- A Map of Your Room

Science

- Sweet, Sour, or Salty?
- Pea Puddles
- Popcorn Predictions

Circle-Time Fun

- Match the Beat
- Color Match
- Sign Language for "Thank You"
- Oceans and Land

Cooking

- Sweet Potato Fries
- Lemonade in a Bag

Songs

- Tooty-Ta!
- Manners Song
- The Sounds of the Alphabet
- Let's be Thankful

Literacy

- Nuts to You!
- Leaf Man
- Six Crows
- Growing Vegetable Soup
- I Know an Old Lady Who Swallowed a Pie

Sensory

- Diggin' in the Corn
- Pouring Water



Gross Motor Skills

- Turkey Crawl
- Ribbon Dancers
- Over-Under-Up-Down

Fine Motor Skills

- Pass the Feather
- Popcorn Pick-up
- Rip it up!
- Drip Drop

Dramatic Play

- Let's Take a Trip
- Puppet Theater

Poem

Sing a song of autumn
 With leaves all falling down
 Sing a song of harvest
 With colors gold and brown
 Days are getting shorter
 The nights are cool and clear
 It's almost time to hibernate
 Until spring time is here!

Dear Parents,

In light of the recent terrible tragedy here in Colorado, we want to reassure you that staff here at the Bob L. Burger Recreation Center are on alert for suspicious behavior and we ask that parents and guardians report any suspicious behavior to the local law enforcement agency as well as staff here at the recreation center. If you believe there is an emergency, call 911.

I want to make you aware that in our classrooms we typically do not have discussions with your children about these types of events. It is our desire to honor the preferences of each family in discussing these issues at home in your own personal way. If you would like assistance in starting this conversation in your home here are a couple of helpful online resources: <http://safelyeverafter.com/> and www.parentingsafechildren.com. As you know, the safety of your children is always our first priority.

In order to help us maintain safety please review the following information:

Keep Your Contact Information Updated

It is extremely important that parents and guardians keep all of their contact information current. If your contact information changes during the school year please notify your child's teacher as soon as possible so your information can be updated. Parents can also update their email addresses and phone numbers on their own through our online registration system Web Trac. The website is www.register.cityoflafayette.com. You will enter the same username and password you use to register for programs. If you do not have a username and password you may contact Leslie Mathis at lesliem@cityoflafayette.com and she will set this up for you. If you do make changes online please be sure to make your child's teacher aware as well. If contact information is not current we won't be able to reach you when it is most important.

Call in Student Absences Promptly

Parents and guardians can help staff account for a child's whereabouts by promptly calling in sick or absent children. The following is taken directly from the Preschool Parent Manual:

Absences or Changes in Schedule

It is the parent's responsibility to inform the preschool program staff of their child's absence or any schedule changes. Please complete an Absence/Schedule Change form (print online or ask a staff member for this form). If your child is sick and will be absent please call the Recreation Center at 303-665-0469, or email your child's teacher directly.

Fostering a safe and secure environment is truly a partnership between staff, parents, students and the community. We value the priority our community puts on safety and thank you for partnering with us to focus on the safety of children.

Thank you so much for your cooperation with the above.

Karen A. Snortland, CPRP
Recreation Supervisor
karens@cityoflafayette.com

303-665-5506 ext 3458

City of Lafayette · Department of Recreation and Facility Management · 111 W. Baseline Road · Lafayette, CO 80026

Phone 303-665-0469 · Fax 303-665-0469



“Stranger Awareness”

What every parent or guardian should know!

1. Define for your child who is a “stranger.” Each family may have different people to warn a child against.
Many people look friendly, but if you don’t know them personally they are strangers.
Strangers can be men, women or even other children. They can be tall or short, old or young, big or little.
2. Keep a recent photo of your child, a copy of your child’s fingerprints, and an updated record of his or her height and weight . Also, make a mental note of what your child is wearing every day.
3. Never mark your child’s clothing, toys, book bag, etc. with his or her first name.
4. Carefully check all baby-sitter references.
5. Never leave small children home alone or unattended in a car or in public.
6. If you must go out without your child, designate a neighbor’s house or apartment as a “safe house” where your child can go in the event of a problem. Tell the neighbor when you’re leaving and when you plan to return.
7. Be sure your child knows his or her name, address, city, state and phone number (including area code). Show him or her how to dial 911 in case of an emergency.
8. Encourage your child to respect his or her body and mind. Explain that he or she has a right to safety and self respect.
9. Show your child love and attention to help him or her not to be easily swayed by a stranger’s interest. One way of doing this is by taking the time to listen to your child and help him or her feel comfortable discussing sensitive matters with you.
10. If your child is old enough to visit friends on his or her own, be sure that you tell him or her to let you know, “WHERE they are going, WHO they are playing with and WHEN they will return.”
11. Stay involved with your child’s life. The more actively you participate in what your child does, the better chance he or she will have of avoiding strangers, as well as situations involving drugs and gangs.
12. Rehearse possible “stranger” situations with your child so he or she will know how to say “No,” should the real situation ever occur.

Important safety facts that children should know!

- Never tell anyone on the phone when you are home alone. Say your parents are busy and you will take a message.
- If someone comes to the door, always ask who it is before opening the door. Never open the door for anyone you do not know.
- Internet safety is important. Never give out your name, address or personal information to anyone over the internet. Never agree to meet anyone who has contacted you online.
- If a stranger offers you a ride you should run away and tell someone, i.e. your parents, your babysitter, the police. Never go near the car. Teach your child a secret code word for emergencies. If the person picking them up does not know the code, do not go with them!
- Never wander away from your parents when you are out in public. Try not to panic if you become lost.
- If you are out shopping with your parents and become lost, go to the nearest checkout counter and tell the clerk. Do not leave the store. He/she will help you find your parents. If you are lost and see a police officer you can ask them for help. It is important to know your name, address, and telephone number.
- Never take anything from a stranger! Say “NO!”
- Never go near a stranger who is offering you candy or money.
- Never go with a stranger who says they are looking for a lost pet. These are tricks to get you close to the stranger. Say “NO!” RUNAWAY! Tell your parent or guardian and the police right away.
- It is okay to tell someone if they make you feel uncomfortable. Loudly tell them NO!
- It is safer to be with a friend or group when you are out in public. Stay near your parent or guardian when you are out.
- Never wander away alone.