## RECREATION PROGRAMS "Where the fun never ends"

## **DROP-IN PROGRAMS**

Our Drop-In Programs Are A Wonderful Resource For Social Activity! We have lots of fun things going on every Monday through Friday when the Senior Center is open. All you have to do is drop by and join in! No pre-registration is required for Drop-In Programs!

#### **SINGING**

If you have music in your heart and a song on lips, then join the Lafayette Singing Group. No experience needed. Just come ready to sing! And if you don't like to sing, come ready to enjoy listening!

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Tue	10:30-11am	12/4-3/26
			*no class 12/25

#### **BOWLING**

Are you ready to get out of the house and meet new friends? Need some fun and exercise? Then it's time to join the Lafayette Senior Bowling Group at Coal Creek Bowling Center, 550 W. South Boulder Road. Note: There is a \$6.00 fee for 3 games and shoes

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Tue/Fri	1-3pm	12/4-3/29
			*no class 12/25

Class meets every Tuesday and Friday

## **10,000 DICE GAME**

Drop-in and join the group for a fun game of dice. The first person to reach 10,000 wins the game. No experience required!

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Tue	1-4pm	12/4-3/26
			*no class 12/25

#### KNIT ONE PEARL TWO

Instructor Mary Banecks will teach participants how to knit hats using a loom. Making a loom hat is simple and no experience is required. You will be able to make hats for the whole family so come and have some fun. Everything is provided to learn. We donated over 400 hats to the needy last year. Yarn donations are always needed!

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Tue	2-3pm	1/15, 2/5, 2/19, 3/5, 3/19

Class meets the First and Third Tuesday of each month

# **EXPERIENCE HISTORY THROUGH A TELESCOPE**

This educational class of nutrition for beginners offers an understanding of ourselves and how we function. You are what you eat from facts on Fiber to the Dash Diet-a life saver.

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Tue	2-3pm	12/11, *1/8, 1/22, 2/12, 2/26, 3/12,
			3/26 *no class 12/25

Class meets the Second and Fourth Tuesday of each month

#### WHATEVER GROUP

Join this group to catch up with all your friends and make some new ones while working on "whatever" craft you have. Do you want to learn to do a particular needlework? Bring any materials you have and join the fun.

**Location: Senior Center** Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Wed	9-10:30am	12/5-3/27

## THIS AND THAT

Join this group to catch up with all your friends and make some new ones while working on any "This and that" craft you have. Bring the materials you have and join the fun.

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Wed	1-2:30pm	12/5-3/27

## **BOOKWORMS**

Our new Book Club is up and off to a good start! We partnered



with the Lafayette Public Library's "Book in a Bag" program. The Book in a Bag program takes the cost and stress out of finding the book each month! Instead of you purchasing a book each month the Lafayette Public Library will have the book ready for check-out one month prior to the club meeting date. Please contact Renee Fabini for more information about this club at 303-665-9052 ext 5.

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Wed	2:30-4:30pm	12/19, 1/16, 2/20, 3/20

Class meets on the Third Wednesday of each month

12/19	Beneath a Marble Sky by John Shors
1/16	The City of Falling Angels by John Berendt
2/20	<u>Crooked Letter</u> by Tom Franklin
3/20	<u>Digging to America</u> by Anne Tyler

## DON'T SEE A DROP-IN GROUP YOU WANT?

If you have an idea for a Drop-In group, come by the Senior Services Center and tell us about it or offer to lead it! Drop-In Groups can be as easy to start as finding a time. Our Recreation Specialist or Senior Services Manager will work with you to bring your idea to life. Call us at 303-665-9052 or just stop by the Center.

#### **LAP ROBES**

Join our group of dedicated volunteers who sew lap robes (small quilts) that are donated to nursing facilities and other agencies. Can't make this time? Sew at home! Even if you don't sew, you can help by ironing, cutting, tying or delivering items. Donations of cotton fabric and rolls of batting are always needed. Call Lorna Beard, Resource Specialist for more information at 303-665-9052 ext 3.

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Thur	10am-12pm	12/6-3/28

#### **SHANGHAI RUMMY**

Are you looking to meet some new friends? Do you like to play cards or want to learn a new game? Join us every Thursday for this new rummy game. Beginners welcome.

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Thur	1:15-4pm	12/6-3/28

## **CIRCLE OF FRIENDS DISCUSSION GROUP**

Join your friends and make new ones as you discuss current events, debate the issues, and get your opinion out-there. Let's have some fun, spirited conversation!

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Fri	9:30-10:30am	12/7-3/29

### **BILLIARDS**

Come and use our table! Share your expertise with others, learn to play and enjoy a great game that's both relaxing and challenging.

Location: Senior Center Min/Max N/A

R/NR	Day	Time	Date
\$0/\$0	Fri	1-2:30pm	12/7-3/29