## Eat, Meet 'N' Greet Café

## January 2013

By Lafayette Senior Services at Josephine Commons

Please make reservations <u>24 hours</u> in advance by calling Lori at (303) 665-9052x1 Lunch is served at 12 noon - Suggested donation for 60+ \$3.00; under 60 the <u>cost</u> is \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
Withinay	1 uesuay	2	3 Chocolate	4 Aunt Vern's
Est, Must, W Greet Cafe	Happy New Year Closed	Apple Stuffed Pork Chop Stewed Tomatoes Pineapple Chunks Nut Cup Whole Wheat Roll	Beef and Broccoli Stir Fry Brown Rice California Blend Veggies Banana Rice Crackers	Roasted Chicken Whipped Sweet Potatoes Savory Green Beans Ambrosia Salad Whole Wheat Roll
7	8 Elvis' Birthday	9	10	11
Baked Fish Oven Browned Potatoes Green Peas Apple Slices Whole Wheat Roll	Wear Your Blue Suede Shoes  Navy Bean soup Chef's Salad w/ Choice of Dressing Peaches Whole Wheat Roll	Smothered Beef and Bean Burrito Tossed Salad W/ Homemade Dressing Orange Wedges	Herbed Pork Loin Baked Potato w/Fixin's California Blend Veggies Fruit Parfait Whole Wheat Roll	Turkey Tetrazzini Southwest Veggies Oranges Grapes Whole Wheat Roll
14	15	16	17	18 Nat'l Pop Corn
Beef Stew Spinach Salad Homemade Ranch Dressing Fruit Compote Whole Wheat Roll	Fish Almandine Rice Pilaf Glazed Carrots Fresh Pear Whole Wheat Roll	Breaded Pork Chop Broccoli Broiled Tomato Spiced Applesauce Whole Wheat Roll	Baked Chicken Parslied Potatoes Pea & Cauliflower Salad Oranges & Bananas Whole Wheat Roll	Day  Beef Lasagna Italian Green Beans Fresh Fruit Salad Garlic Bread
21 Martin Luther	22 Lunch & Learn	23 Belly Laugh	24 Birthday Day	25
Closed	Baked Tilapia Potatoes O'Brien Green Peas Mixed Greens Salad Orange Wedges Whole Wheat Bread, Nut Cup	Day  Beef Cabbage Rolls Wax Beans Under the Sea Salad Apricots Whole Wheat Roll	Peanut Butter Day Oven Fried Chicken Mashed Potatoes California Blend Veggies Fresh Orange Whole Wheat Roll	Caribbean Pork Potato Wedges Cucumber & Tomato Salad Pears Whole Wheat Roll
28Tore's Famous	29	30 Ice Cream Cone	31 Roof Pot w/Risquit	
Meatloaf Coast Guard Day Gravy Mashed Potatoes Harvard Beets Almond Peaches Whole Wheat Roll	Hot Turkey Sandwich Mashed Potatoes Scandinavian Veggies Cranberry Gelatin Salad Fresh Banana	Day Crunchy Fish Lemon Slices Roasted New Potatoes Apple Glazed Carrots Creamy Coleslaw Whole Wheat Roll	Beef Pot w/Biscuit Topping Acorn Squash Tossed Salad Cherry Crisp	