Eat, Meet, 'N' Greet Café March 2013

Please make your reservations 24 hours in advance by calling Lori on the Lunch Reservation Line at 303-665-9052 X 1 Suggested Donation for 60+ $3.00; 59 and under the cost is $5.50. Lunch is served M-F 12:00 Noon at Josephine Commons.

Monday	Tuesday	Wednesday	Thursday	Friday
Lafayette Senior Services at Josephine Commons 455 N. Burlington Ave., Lafayette	Lorna Beard Senior Resource Specialist 303 665-9052 EXT 3			1 Dr Seuss' BD Roast Turkey Turkey Gravy Mashed Potatoes Apple Slices Whole Wheat Roll
4 Tongue Twister Day Baked Tilapia Potatoes O'Brien Green Peas Tossed Salad Nut Cup	5 Beef Cabbage Rolls Wax Beans Under the Sea Salad Apricots Whole Wheat Roll	6 What Does Your Name Mean Day Oven Fried Chicken Mashed Potatoes California Blend Veggies Fresh Orange Whole Wheat Roll	7 Caribbean Pork Potato Wedges Tomato Salad Pears Whole Wheat Roll	8 Tore's Famous Meatloaf Mashed Potatoes Gravy Harvard Beets Almond Peaches Whole Wheat Roll
11 Hot Turkey Sandwich Mashed Potatoes Scandinavian Veggies Cranberry Gelatin Salad Fresh Banana	12 Crunchy Fish Roasted New Potatoes Apple Glazed Carrots Creamy Coleslaw Whole Wheat Roll	13 Beef Pot Pie w/Biscuit Topping Acorn Squash Tossed salad Cherry Crisp	14 Roast Pork Gravy Sweet Potatoes Mixed Veggies Grapes Whole Wheat Roll	15 St. Patrick's Day Celebrated Corned Beef Cabbage Potatoes & Carrots Irish Soda Bread Emerald Pears Irish Harp & More
18 Celebrate Nutrition Week Cheese Stuffed Chicken Baked Potato Asparagus Pears Multigrain Bread	19Lunch &Lean Roast Beef Mashed Potatoes w/Gravy Broccoli and Carrots Peaches Whole Wheat Roll	20 Mayors for Meals Day Baked Lemon Fish Tartar Sauce Rice Pilaf Mixed Veggies Fresh Fruit Cup Whole Wheat Rol	21 Pork Chops Savory Bread Dressing Layer Salad Mixed Berries Whole Grain Roll	22 Cooking Demo 10:00am Roast Turkey Egg Noodles Parslied Carrots Mixed Greens W/Italian Dressing Oranges Garlic Bread
25 Apple Glazed Pork Chop Roasted Red Potatoes Stewed Tomatoes Pineapple Chunks Whole Wheat Rol	26 Beef & Broccoli Stir Fry Brown Rice California Blend Veggies Banana Rice Crackers	27 Quirky Country Music Song Titles Day Roasted Chicken Whipped Sweet Potatoes Green Beans Ambrosia Salad Whole Wheat Rol	28 Baked Fish Oven Browned Potatoes Green Peas Apple Slices Whole Wheat Rol	29 Good Friday Navy Bean Soup Chef Salad w/Choice of Dressing Peaches Whole Wheat Rol