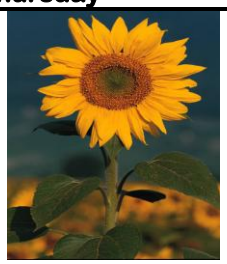
June 2013 Eat, Meet 'N' Greet Café

At Josephine Commons

Please make your reservations 24 hours in advance by calling the Reservation Line at 303-665-9052 X 1 Suggested donation for 60+ $3.00; 59 and under the cost is $5.50.

Monday	Tuesday	Wednesday	Thursday	Friday
Lafayette SENIOR SERVICES				Lunch is served M-F 12:00 Noon At Josephine Commons 455 N. Burlington Ave., Lafayette, CO *Lori Wolf, Nutrition Coordinator* & Lorna Beard Resource Coordinator
3 Beef Tips in Gravy Egg Noodles Tossed Salad Fresh Apple Slices Milk, 1%	4 Roast Pork Gravy Sweet Potatoes Green Beans Pineapple WW Bread Milk, 1%	5 **Picnic at Festival Plaza** Turkey and Vegetable Wrap in WW Tortilla Roasted Red Potato Salad Fresh Zuchinni Spears with Ranch Dressing Grapes Milk 1%	6 Cheese Stuffed Chicken Baked Potato Asparagus Fresh Berries Multigrain Bread Milk, 1%	7 Picnic with Louisville Roast Beef and Roasted Vegetables in WW Pita Bread Marinated Carrots Fresh Fruit Cup Milk, 1%
10 Pork Tenderloin Baked Sweet Potato Caesar Salad Canned Apricots Whole Grain Bread Slice Milk 1%	11 Baked Fish in Lemon Sauce Brown Rice Mix Broccoli WW Roll Fresh Fruit Cup Milk, 1%	12 **Picnic at Festival Plaza** Roast Beef and Cheese Sandwich Italian Pasta Vegetable Salad Tomato Slices with Balsamic Vinegar Fresh Oranges Milk, 1%	13 Teriyaki Chicken Roasted Red Potatoes Green Beans Pineapple and Coconut WW Dinner Roll Milk, 1%	14 Hot Turkey Dip Turkey Broth Yukon Potato Wedges Cauliflower and Carrots Banana WW Roll Milk, 1%
17 Roasted Chicken Whipped Potatoes Squash Medley Fresh Fruit Whole Wheat Roll Milk, 1%	18 **Lunch & Learn** Baked Fish O'Brien Potatoes Tartar Sauce Pea and Cheese Salad Whole Wheat Roll Oranges and Bananas Milk. 1%	19 **Picnic at Festival Plaza** Marinated Broccoli Salad Cobb Salad Raspberry Vinegarette Dressing Fresh Apples Whole Wheat Roll Milk, 1%	20 Smothered Chicken Burrito in WW Tortilla Black Bean Relish Tossed Salad Fresh Strawberries Milk, 1%	21 Sweet and Sour Pork with Chinese Noodles over Buttered Rice Oriental Vegetables Canned Peaches Rice Cakes Milk, 1%
24 Battered Fried Fish Spinach Bake Tossed Salad Pear Halves Whole Wheat Roll Milk 1%	25 Spaghetti and Meatballs Romaine Tossed Salad with Italian Dressing Garlic Bread Cherries and Bananas Milk, 1%	26 **Picnic at Festival Plaza** Turkey and Avocado Sandwich on Whole Wheat Bread Carrot Raisin Salad Peaches Milk, 1%	27 Breaded Pork Chop Oven Browned Potatoes Green Beans almondine WW Roll Fresh Berries Milk, 1%	28 Baked Chicken Mashed Sweet Potatoes Prince Island Vegetables Fresh Fruit Cup Whole Wheat Roll Milk, 1%