GENERAL INTEREST CLASSES

If you're looking to increase your skills or gain some new ones, check out our general interest programs. We try to keep the costs low. Some are offered at no cost. Is there something you don't see?
Call us at 303-665-9052.

TECHNOLOGY FOR BEGINNERS

Intimidated by all the new devices? Can't keep up with the grandkids? These informative classes will get you rolling in no time!

TABLETS

Get with the times and come and learn about the new computer tablets. iPad, Android, which ever. Maybe you got one as a gift and don't know how to use it. Maybe you have a tablet, but have questions about how to use it. Maybe you just want to see many of the things these wonderful devices can do. Bring your tablet.

Class Instructor Peet James
Location: Senior Services **Min/Max 5/12**
Register by: 8/19

Code	R/NR	Day	Time	Date
349200-1	$10/$13	Mon	6-8pm	8/26

E-BOOKS

Do you like to read? How about having access to thousands of books electronically. Maybe you got one as a gift and don't know how to use it. Come and lean about the new e-readers out there. Kindle, Nook, or on a tablet. Maybe you got an e-reader as a gift, or have questions about how to use them. Maybe Just sign up and bring your tablet.

Instructor: Peet James
Location: Senior Services **Min/Max 5/12**
Register by: 9/16

Code	R/NR	Day	Time	Date
349201-1	$10/$13	Mon	6-8pm	9/23

SMART PHONES

Have a smart phone or thinking of getting one? Want to see all the wonderful things it can do? Smart phones can make your life easier. Just sign up and bring your phone.

Class Instructor: Peet James
Location: Senior Services **Min/Max 5/12**
Register by: 10/14

Code	R/NR	Day	Time	Date
349202-1	$10/$13	Mon	6-8pm	10/21

LAPTOP

Do you have a laptop, but have questions on how to use it? Bring your laptop to this class and gain knowledge and tips on getting started. Just sign up and bring your laptop.

Class Instructor: Peet James
Location: Senior Services **Min/Max 5/12**
Register by: 11/22

Code	R/NR	Day	Time	Date
349203-1	$10/$13	Mon	6-8pm	11/18

EDUCATION FOR LIFE

Interesting and enjoyable presentations that bring the topic to life. Learn something new or rediscover history through these educational programs.

activeminds

LAFAYETTE SENIOR SERVICES PARTNERS WITH ACTIVE MINDS TO BRING TO YOU EDUCATIONAL PROGRAMS TO EXPAND YOUR LIFE AND MIND.

THE STATE OF THE EUROPEAN UNION

Formed in the wake of World War II, the European Union was created to provide a unified trading bloc for Western Europe. As the EU has grown, it has faced obstacles to integration, such as the addition of Central and Eastern European countries and partial adoption of the euro. Now, years later, the EU faces economic and political threats from challenges arising from debt-laden member countries. Join Active Minds as we explore the historical roots of the formation of the EU as well as the economic and social issues that challenge its future.

Location: Senior Center **Min/Max 2/20**

Register by: 8/12

Code	R/NR	Day	Time	Date
349204-1	$0/$0	Fri	10-11am	8/16

IRAQ

Ten years after a US-led invasion toppled the government of Saddam Hussein, Iraq is still in the process of maintaining itself as a stable, self-governing nation. Since the US military formally ended its mission in December, 2011, Iraq has experienced an uptick in sectarian and ethnic violence. Join Active Minds as we look at the path for Iraq to stand on its own as well as the strategic role that the new Iraq plays in the region.

Location: Senior Center **Min/Max 2/20**

Register by: 9/3

Code	R/NR	Day	Time	Date
349205-1	$0/$0	Fri	10-11am	9/6

- ***Sessions are thought-provoking in content and objectively presented.***
- ***Offered by expert teachers who are extensively trained.***
- ***Programs offer facilitated discussions that promote community, positive energy and fun!***

SALEM WITCHES

In 1692 in Salem, Massachusetts an extraordinary series of events coupled with the hysterical reaction of the community, resulted in what is referred to as the Salem Witch Hunt. Hundreds of individuals were tried for the crime of witchcraft and many were executed as a result. Join Active Minds as we seek to understand this astounding moment in our country's early history.

Location: Senior Center **Min/Max 2/20**

Register by: 10/3

Code	R/NR	Day	Time	Date
349206-1	$0/$0	Fri	10-11am	10/4

THE LIFE & LEGACY OF RICHARD NIXON

2013 marks the 100th anniversary of the birth of Richard Nixon. From the opening of China to the Watergate scandal, Richard Nixon's presidency was both memorable and controversial. Join Active Minds as we examine Nixon's life before becoming president, his years as Commander-in-Chief, and his lasting impact on the country and the world.

Location: Senior Center **Min/Max 2/20**

Register by: 9/3

Code	R/NR	Day	Time	Date
349207-1	$0/$0	Fri	10-11am	11/1

Phone registration accepted or register online at www.cityoflafayette.com/senior
Walk-in registrations for each session may be accommodated if max. is not met by registration deadline.

CREATIVE ARTS

Enrich your life and add joy to your day. Check into the classes we offer!

OIL PAINTING

Susannah Nelson is an accomplished artist as well as an experienced teacher. Classes stress the arrangement of shapes, values, colors and edges. Planned lessons help you create a beautiful painting. Bring a photo, a still life, or copy a favorite artist and Susannah will help you paint it. Supply list available at time of registration or at www.cityoflafayette.com/senior

Class Instructor: Susannah Nelson
Location: Senior Center **Min/Max 5/12**
Register by: 8/1,8/30, 10/7, 11/12

Code	R/NR	Day	Time	Date
349209-1	$36/$46	Mon	1:30-3:30pm	8/5-8/26
349209-2	$36/$46	Mon	1:30-3:30pm	9/16-10/7
349209-3	$36/$46	Mon	1:30-3:30pm	10/14-11/04
349209-4	$36/$46	Mon	1:30-3:30pm	11/18-12/9

WATER COLOR

Our instructor will assist you in everyway to have a positive experience with watercolor as a beginner or an advanced painter. Her experience as a teacher will help you progress in your art. This class will allow time for individual help and gentle critiques. Supply list available at time of registration or on our website. www.cityoflafayette.com/seniors

Class Instructor: Donna Flebbe
Location: Senior Center **Min/Max 5/12**
Register by: 8/1, 8/27, 10/1

Code	R/NR	Day	Time	Date
349208-1	$36/$46	Tue	1:30-3:30pm	8/6-8/27
349208-2	$36/$46	Tue	1:30-3:30pm	9/3-10/1*
349208-3	$36/$46	Tue	1:30-3:30pm	10/8-10/29

No class on 9/10 Facility Closure

DOODLING

Come learn the hottest new trends! Zentangle is about filling spaces with patterns using simple lines. It can go from mild to WILD and becomes more attractive and complex as larger areas are filled. Using only pen and paper, come learn to make basic Zentangles.

Class Instructor : Pat Mescher
Location: Senior Center **Min/Max 5/12**
Register by: 8/1, 8/30, 10/7, 11/1

Code	R/NR	Day	Time	Date
349213-1	$14/$18	Fri	1:30-3:30pm	9/20-10/4*
349213-2	$28/$36	Fri	1:30-3:30pm	10/11-11/1
349213-3	$28/$36	Fri	1:30-3:30pm	11/8-11/29

BEADED JEWELRY

Making beaded jewelry is fun and relaxing! Learn to make earrings, bracelets, necklaces and more with Wendy Wham Mills. Supplies: Beads in the colors of your choice, jewelry wire for necklace and bracelet making. Wendy will supply tools and findings or bring your own (craft stores have great starter tool packs). $5.00 materials fee.

Class Instructor: Wendy Wham Mills
Location: Senior Center **Min/Max 5/12**
Register by: 8/19, 9/16, 10/14, 11/12

Code	R/NR	Day	Time	Date
349210-1	$25/$33	Mon	6-8pm	8/26
349210-2	$25/$33	Mon	6-8pm	9/23
349210-3	$25/$33	Mon	6-8pm	10/21
349210-4	$24/$33	Mon	6-8pm	11/18

CALLIGRAPHY

Learn the art of Calligraphy or "Beautiful Hand Writing." This class will teach the basics of the letter forms of the Italic hand so you can create your own artful cards, letters and documents. Supply list available at time of registration

Class Instructor: Wendy Wham Mills
Location: Senior Center **Min/Max 5/12**
Register by: 9/27

Code	R/NR	Day	Time	Date
349212-1	$96/$125	Thur	6-8pm	10/3-10/24

CREATIVE WRITING

Bring your memories to life through this hands-on class (find out how writing memoir can help your memory!). We'll practice easy creative writing in a supportive environment. Your instructor will help you find stories or topics to put on paper. You can bring an end product, a perfectly imperfect draft copy, to your next family gathering or reading time with grandkids.

Class Instructor: Lisa Jackson
Location: Senior Center **Min/Max 5/12**
Register by: 8/1

Code	R/NR	Day	Time	Date
349211-2	$50/$65	Fri	1:30-3:30pm	9/27-11/1*

6 Week Session

HOME DECORATING WITH NORDIC FENG SHUI

Do you have a room or an area in your living space where you don't really feel at home? Is something missing? Using the general principles of Nordic Feng Shui, which include harmony, placement, and balance; you can get a completely new and fresh feel with small changes and still keep your style! You can get the look you want with what you already have! You can create a look that you love! The instructor's "toolbox" includes Nordic Feng Shui as well as Scandinavian Design.

Class Instructor: Lorene Salomonsson
Location: Senior Center **Min/Max 12/25**
Register by: 8/30

Code	R/NR	Day	Time	Date
349214-1	$10/$13	Fri	9:30-11:30am	10/18

ANGELS EVERYWHERE

Please join us for "Angels Everywhere". This hour-long program was created to raise awareness of the many forms and ways in which angels are present to us and touch our lives. Miracles and coincidences are happening all the time. Sister Georgeann has written two books with stories from the programs. The books will be on sale after the session for $16 and $17 each.

Class Instructor: Sister Georgeann Quinlan, BVM
Location: Senior Center **Min/Max 12/30**
Register by: 10/1

Code	R/NR	Day	Time	Date
349218-1	$5/$8	Mon	10-11:30am	10/7

COOKING CLASSES

FOOD SCIENCE

Tackle science in the kitchen as you ponder the science behind some favorite treats! How does popcorn actually pop? And chocolate, that food prized around the world: where does it come from and how is it produced? Jumping raisins, making butter, eggs in a bottle and more!

Instructors: Pat Mescher
Location: Senior Services
Min/Max 5/15 **Register by: 9/24**

Code	R/NR	Day	Time	Date
349215-1	$10/$13	Thur	9:30-11:30am	10/3

SUPERFOODS

What are superfoods? How can you include them in your diet? Come learn delicious recipes and strategies that will have great health benefits.

Instructor: Pat Mescher
Location: Senior Services
Min/Max 5/15
Register by: 10/3

Code	R/NR	Day	Time	Date
349216-1	$10/$13	Thur	9:30-11:30am	10/10

EATING RIGHT!

Operation Frontline is hands on a class designed especially for older adults to help with ideas for planning and cooking a variety of nutritious meals. You will take home food after every class and one class will include a field trip to a grocery store. Space is limited to the first 15 people.

Instructor: Operation Frontline
Location: Senior Services
Min/Max 8/15
Register by: 10/10

Code	R/NR	Day	Time	Date
349217-1	FREE	Thur	9:30-11:30am	10/17-11/21