

Newsletter

Tiny Explorers

Lindsey Nelson and Dana McWilliams Tuesday/Thursday

Mornings

October 2013



Theme of the Month: Autumn Harvest



This month we will learn about the season by using nature in our art and sensory experiences. We will also uncover the science of the seasons.

Why Play?

There is a growing body of research that shows a link between play and the development of cognitive and social skills that are prerequisites for learning more complex concepts as children get older. For example, play is linked to growth in memory, self-regulation, oral language, and recognizing symbols. It has been linked to higher levels of school adjustment and increased social development. Play has also been linked to increased literacy skills and other areas of academic learning (a view held by Piagetian and Vygotskian theories of child development)

Teachers Wish List:

These are some items that we are able to use in October for fun sensory and art activities. We appreciate any donations that you are able to contribute.

- Small pumpkins
- Any kind of apples
- Dried corn kernels
- Gourds
- Canned unsweetened pumpkin

Things to Remember:

- Free Vision Screenings October 2nd and 3rd conducted by Colorado Lions KidSight Program using the latest in vision technology. Flyers and permission slips to follow.
- Scholastic Book Orders will be sent out this month. Please use school code LF7GF
- No school October 14th
- Please send children to school with a labeled water bottle and healthy snack.

Contact information:

lindsey.nelson@cityoflafayette.com

danamcwilliams@cityoflafayette.com

linda.miron@cityoflafayette.com

303-665-0469 ext. 3459

"Children have to be educated but they have also to be left to educate themselves"

-Ernest Dimnet

Healthy Kids Corner

Quit the "clean-plate club." Let kids stop eating when they feel they've had enough. Lots of parents grew up under the clean-plate rule, but that approach doesn't help kids listen to their own bodies when they feel full. When kids notice and respond to feelings of fullness, they're less likely to overeat. -KidsHealth