ADULT AQUATICS

ADULT SWIM LESSONS

It's never too late to learn to swim. Add another component to your fitness routine. Class sizes are small to maximize learning potential in a relaxed atmosphere. We offer classes for both beginners and advanced beginners.
Location: Bob L. Burger Recreation Center.

BEGINNERS (no experience)

Code	R/NR	Day	Time	Date
413900-A	$25/$35	Tue	6:15-6:45 pm	1/7-1/28
413900-B	$25/$35	Tue	6:15-6:45 pm	2/4-2/25
413900-C	$20/$30	Tue	6:15-6:45 pm	3/4-3/18 (3 weeks)
413900-D	$25/$35	Tue	6:15-6:45 pm	4/1-4/22
413900-E	$25/$35	Tue	6:15-6:45 pm	4/29-5/20

ADVANCED BEGINNERS (some experience, strokes are introduced and refined)

Code	R/NR	Day	Time	Date
413910-A	$25/$35	Thur	6:15-6:45 pm	1/9-1/30
413910-B	$25/$35	Thur	6:15-6:45 pm	2/6-2/27
413910-C	$20/$30	Thur	6:15-6:45 pm	3/6-3/20 (3 weeks)
413910-D	$25/$35	Thur	6:15-6:45 pm	4/3-4/24
413910-E	$25/$35	Thur	6:15-6:45 pm	5/1-5/22

LOOKING FOR YOUTH SWIM LESSONS?

The full Youth Aquatics offerings are listed starting on page 20.

MILEAGE CLUB REWARDS

Get rewarded for your swimming and river walking mileage. Just track your miles on the cards provided near the aquatic offices and turn in the reward form when you reach a milestone.

Milestones:

25/50/75 Miles	Shirt and Certificate
100 Miles	Hat, Hat Pin and Certificate
200/300/400/500 Miles	Hat Pin and Certificate
1000 Miles	Blanket and Certificate

Making the Miles:

72 lengths=	1 mile in lap pool
36 laps=	1 mile in river pool

For more information regarding the Mileage Club, contact Jeff Richards at 303-665-0469, or email jeffr@cityoflafayette.com.

MASTERS SWIM TEAM

Masters Swimming is a great way to swim in an adult-only program. Structured workouts will be provided by the coaches. You will workout at your level and ability in a program where every swimming ability is welcome. If you can't make practice and still want a work out, stop by the guard office for a copy of the morning workout. **Punch pass good for all practices.**

COACH: SIMON BUTTERWORTH
PRACTICES: MON/WED/FRI: 5:45-6:45 A.M.

Code	# Practices	Cost
20 visit punch card		$30 + daily admission
n/a	Drop-in	$2 + daily admission

COACH: GREG NEMICK
PRACTICES: SUN: 8:15-9:30 A.M.

Code	# Practices	Cost
20 visit punch card		$30 + daily admission
n/a	Drop-in	$2 + daily admission