GYMNASTICS

2½ - 9 YRS

Strength, flexibility, body awareness and confidence are emphasized in this recreational gymnastics program. Since classes are progressive, your child must have completed the previous level and mastered all skills taught or obtain permission from the gymnastics instructor to move to the next level. **Parents must accompany their child to the first class for a brief orientation meeting**.

***PLEASE NOTE: GYMNASTICS CLASSES ARE HELD IN THE GYM AND ON OCCASION MAY BE MOVED TO THE RACQUETBALL COURT.**

PARENT & TOT 2½ - 3 YRS

Parent assists his or her child in the basic skills of gymnastics. Body awareness and control, coordination and balance are emphasized through a fun gymnastics experience.

Code	R/NR	Day	Time	Date	No Class
411200-A 411200-B 411200-C 411200-D	$35/$45	Thu	8:45-9:30am	1/2-1/30 2/6-3/6 3/13-4/17 4/24-5/22	3/27
411201-A 411201-B 411201-C 411201-D	$35/$45	Thu	10:45-11:30am	1/2-1/30 2/6-3/6 3/13-4/17 4/24-5/22	3/27
411202-A 411202-B 411202-C 411202-D	$35/$45	Fri	9:45-10:30am	1/3-1/31 2/7-3/7 3/14-4/18 4/25-5/23	3/28
411203-A 411203-B	$35/$45	Sat	9-9:45am	3/15-4/19 4/26-5/24	3/29

LEVEL I 6-9 YRS

Emphasis is placed on tumbling to gain strength and coordination for progression to work on equipment. Parents will be welcomed back into the gym for the last five minutes of each class.

Code	R/NR	Day	Time	Date	No Class
411220-A 411220-B	$45/$55	Tue	4:30-5:30pm	3/11-4/15 4/22-5/20	3/25
411221-A 411221-B	$45/$55	Tue	6:30-7:30pm	4/22-5/20 3/11-4/15	3/25
411222-A 411222-B	$45/$55	Sat	11am-12pm	3/15-4/19 4/26-5/24	3/29

4-5 YEAR OLDS

While "working out" in the areas of tumbling, bars, balance beam and vault, preschool age children develop body control and awareness in this introductory class. Parents will be welcomed back into the gym for the last five minutes of each class.

Code	R/NR	Day	Time	Date	No Class
411210-A 411210-B	$35/ $45	Tue	3:30-4:15pm	3/11-4/15 4/22-5/20	3/25
411211-A 411211-B 411211-C 411211-D	$35/ $45	Thr	9:45-10:30am	1/2-1/30 2/6-3/6 3/13-4/17 4/24-5/22	3/27
411212-A 411212-B 411212-C 411212-D	$35/ $45	Fri	8:45-9:30am	1/3-1/31 2/7-3/7 3/14-4/18 4/25-5/23	3/28
411213-A 411213-B 411213-C 411213-D	$35/ $45	Fri	10:45-11:30am	1/3-1/31 2/7-3/7 3/14-4/18 4/25-5/23	3/28
411214-A 411214-B	$35/ $45	Sat	10-10:45am	3/15-4/19 4/26-5/24	3/29

LEVEL II 6-9 YRS

These classes focus on skills in all areas of gymnastics, that are more complex than level 1. Students must have instructor permission to participate in Level 2 classes.

Code	R/NR	Day	Time	Date	No Class
411230-A 411230-B	$45/ $55	Tue	5:30-6:30pm	3/11-4/15 4/22-5/20	3/25
411231-A 411231-B	$45/ $55	Sat	12:15-1:15pm	4/26-5/24 3/15-4/19	3/29