

LIFEGUARD TRAINING PRE-COURSE

Always wanted to be a lifeguard but wasn't sure you had what it takes? Then we have the class for you! You'll be able to practice all the skills necessary to get ready for the lifeguard training course including the 300 yard swim of breaststroke or freestyle, treading water for 2 minutes without your hands, and getting a 10 pound brick from the bottom of the 10 foot with a certified instructor. The class is twice a week and is offered two weeks before each lifeguard training course. This is an optional class for participants who are interested in practicing those skills necessary to take lifeguard training.

Code	Cost	Day	Time	Date
343002-A	\$20	Tues/Thur	4-4:45pm	12/10,12,17,19
413002-A	\$20	Tues/Thur	4-4:45pm	3/11,13,18,20
413002-B	\$20	Tues/Thur	4-4:45pm	4/1,3,8,10



LIFEGUARD TRAINING

The American Red Cross Lifeguard class includes CPR/AED for the professional rescuer, all you need to become a certified Lifeguard!

PRE-REQUISITES: 15 years of age by the end of the class, swim 300 yards utilizing front crawl and breaststroke and swim 20 yards, surface dive to 10 feet of water to retrieve a 10-pound brick from bottom of pool, return to the surface and swim 20 yards back to the starting point with the brick.

You must attend every class to receive an American Red Cross Certification.

Please register early to prevent class cancellation.

Code	R/NR	Day	Time	Date
343000A	\$170/ \$195	Daily	9am-4pm	12/26-12/30
413000A	\$170/ \$195	Daily	9am-4pm	3/24-3/28
413000B	\$170/ \$195	Sat & Sun	9am-4pm	4/12,13,19,26, 27

WATER SAFETY INSTRUCTOR CLASS



16 + YEARS

PRE-REQUISITES:

16 yrs old on or before the last day of class. Demonstrate proficiency of Front & Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly.

Learn the techniques and skills necessary to be an American Red Cross Instructor. FIT certification is included with this class.

You must attend every class to successfully receive an American Red Cross Certification.

Code	R/NR	Day	Time	Date
413030A	\$175/\$200	Tue-Sat	9am-5pm	6/2-6/7

WANEKA MARKETPLACE

- * Blooming Nails & Spa * Comfort Dental
- * Dollar Tree * Gamestop * GoodTimes Burgers
- * Goodwill * H&R Block * Kumon's
- * Lafayette Animal Companion Hospital
- * Menchie's Frozen Yogurt * Quiznos
- * South Boulder Road Liquor * Sprouts
- * Starbucks * Threads * Valero Diamond Store

Conveniently located on the corner of Highway 287 and South Boulder Road in Lafayette, Colorado

Like us for sales and special events!
www.facebook.com/wanekamarketplace

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www.wanekamarketplace.com