Newsletter

Kinder Adventures

Jenna Xie and Sydney Ehrman

Monday, Wednesday, Friday Morning

February 2014

Last month we focused on snow, winter animals, and hibernation. Our students had fun making instant snow, bear footprints and playing a game where animals are hibernating versus non-hibernating.

This month we will be focusing on the theme of friendship and love. We will be singing songs, reading stories, creating art, and learning sign language that reflects our theme.

Show and Tell

- **February 7th – Something that starts with the letter "L"**
- **February 21st – The letter "V"**
- **February 28th – The letter "F"**

Health Tips:

Trying foods that are high in magnesium have benefits such as reducing muscle tension and improving sleep. Some foods that are higher in magnesium include: Beans and nuts, Whole grains like brown rice, and Green leafy vegetables.

Days to Remember this Month:

No School February 14th- Teacher Work Day

No School February 17th- Presidents Day

**Parent teacher Conferences are Tuesday, February 18th between 12pm to 3pm and Wednesday, February 19th between 12pm to 2pm.

**We will be celebrating Valentines on Wednesday, February 12th due to no school on Friday, February 14th.

If you need to contact us, please feel free to call or email us:

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Tips for Valentines:

You can have your child make their own cards to hand out to classmates or let them pick out some at the store. This promotes creativity and helps students express their individuality. Also, each child will be making their own Valentine bag or box on Monday, February 10th in class so on Wednesday the children can pass out the ones they brought.

Our Favorite Stories last Month

Bear Feels Scared by Karma Wilson and Jane Chapman

Bear Snores On by Karma Wilson and Jane Chapman

Penguins to the Rescue! by Tony Mitton