

CITY OF LAFAYETTE

RESOLUTION NO. 2014-23

RESOLUTION OF THE CITY COUNCIL OF THE CITY OF LAFAYETTE, COLORADO, SETTING FORTH THE CITY OF LAFAYETTE'S COMMITMENT TO THE "HEAL CITY AND TOWNS CAMPAIGN"

WHEREAS, the Colorado Municipal League's Vision Statement acknowledges the importance of sustaining strong, healthy and vibrant cities and towns; and

WHEREAS, in November 2012, LiveWell Colorado and the Colorado Municipal League agreed to work collaboratively on the Healthy Eating, Active Living (HEAL) Cities and Towns Campaign; and

WHEREAS, LiveWell Colorado is a nonprofit organization committed to preventing and reducing obesity in the state by promoting healthy eating and active living in the places we live, work, learn and play; and

WHEREAS, fifty-eight percent of Colorado adults and a quarter of our children are overweight or obese; and

WHEREAS, the adult obesity rate has doubled in Colorado since 1995 and, if trends continue, only 33 percent of Colorado adults will be a healthy weight by 2020; and

WHEREAS, Colorado ranks 23rd in the nation for childhood obesity, with the second-fastest rate of increase in the nation; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease. The current generation of children is expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, the City of Lafayette is committed to assuring that residents have access to open space, trails, parks and recreational opportunities in order to support healthy lifestyles in our community.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF LAFAYETTE, COLORADO, as follows:

The City Council hereby recognized that obesity and overweight is a serious public health threat to the health and well-being of adults, children and families in Lafayette, Colorado. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier

choices. To that end, the City of Lafayette adopts this HEAL Cities and Towns resolution:

I. Active Community

BE IT FURTHER RESOLVED that the City of Lafayette should make every effort to promote an active community by:

- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail through sidewalk assessments, walk audits, and the creation of an active transportation map;
- Continue to support community access to indoor and outdoor public facilities through existing and future joint use agreements with schools and/or other partners;
- Build incentives for development project proposals to demonstrate favorable impact on resident and employee physical activity;
- Examine racial, ethnic, and socio-economic disparities in access to physical activity facilities or resources and adopt strategies to remedy these inequities;
- Continue to support healthy community activities such as:
 - Peach Festival
 - Oatmeal Festival
 - Lafayette Quest Scavenger Hunt
 - Good Sam Bike Jam
 - Get Movin' Colorado Challenge
 - Bike to Work Day
 - Screen-Free Week
 - heART Walk

II Healthy Food Access

BE IT FURTHER RESOLVED that City of Lafayette should make every effort to:

- Support the siting of healthy food retailers, community gardens or farms and farmers' markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables;
- Revise and update relevant zoning code and other regulations to increase opportunities for access to healthy foods wherever and whenever possible, including prioritizing healthy food retail in compact, mixed-use and transit-oriented development, allowing diverse revenue-generation on local farms, and allowing small farmers' markets, produce stands, and mobile vending;
- Support and promote the Isabelle Farm CSA and Community Market, Wilson Community Garden, JAX Farmers Market and the Kerr Garden.

III Workplace Wellness

BE IT FURTHER RESOLVED that in order to promote wellness within City of Lafayette, and to set an example for other businesses, City of Lafayette pledges to adopt and implement an employee wellness policy that will:

- Encourage walking meetings and use of stairways;
- Set nutrition standards for vending machines located at the Bob L. Burger Recreation Center and Lafayette Public Library;
- Encourage healthy food options at City sponsored meetings and programs;
- Accommodate breastfeeding employees upon their return to work;
- Continue to support the Employee Wellness Program which hosts educational, nutritional and healthy lifestyle classes and promotes a variety of physical activities and fun fitness competitions between City departments. Continue to help employees with tobacco cessation programs and incentives for quitting;
- Continue to sponsor Bike to Work Day.

PASSED AND ADOPTED this 20th day of May, 2014.

ATTEST:

CITY OF LAFAYETTE, COLORADO

Susan Koster, CMC
City Clerk

Christine Berg
Mayor

APPROVED AS TO FORM:

David S. Williamson
City Attorney