

June 2014 Eat, Meet 'N' Greet Café

At Josephine Commons

Reservations are required by 1:00 pm the day before you want to eat by calling the Reservation Line at 303-665-9052 X 1 60+ Suggested donation is \$3.00. 59 and under \$5.50 Required

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Stuffed Peppers Wax Beans Marinated Fresh Veggies Apricots Whole Wheat Roll	3 Blood Pressure 11:30a Baked Chicken Mashed Sweet Potatoes Prince Island Vegetables Fresh Fruit Cup Whole Wheat Roll	4 Baked Tilapia Potatoes O'Brien Green Peas Tossed Salad Whole Wheat Roll Movie Matinee Day! At GO Services 2-4pm	5 Breaded Pork Chop Oven Brownd Potatoes Green Beans Almondine Fresh Berries Whole Wheat Roll	6 Spaghetti & Meatballs Romaine Tossed Salad Banana Garlic Bread 
9 Beef Tips in Gravy Egg Noodles Tossed Salad Fresh Apple Slices 	10 Chicken Kiev Baked Potato Asparagus Fresh Berries Multigrain Bread Birthday Celebration At 1:00pm	11 Roast Pork Gravy Sweet Potatoes Green Beans Pineapple Whole Wheat Bread	12 Salmon with Dill Sauce Oven Brownd Potatoes Green Peas Apple Slices Whole Wheat Roll	13 Roast Beef Baked Potato Roasted Vegetables Fresh Fruit Cup Whole Wheat Roll
16 Teriyaki Chicken Roasted Red Potatoes Green Beans Pineapple & Coconut Whole Wheat Roll	17 Blood Pressure 11:30a Lunch & Learn 12: 15pm Beef Enchilada Spanish Rice Tossed Salad Oranges	18 Turkey Slice with Gravy Roasted Red Potatoes Zucchini Spears Grapes Whole Wheat Roll	19 Pork Tenderloin Baked Sweet Potato Caesar Salad Canned Apricots Whole Grain Bread	20 Annual Picnic @ Community Park Louisville Basil Chicken Skewers Grilled Veggies Fresh Fruit 
23 Smothered Chicken Burrito in a Whole Wheat Tortilla Black Bean Relish Tossed Salad Fresh Strawberries	24 Baked Fish Tartar Sauce O'Brien Potatoes Peas & Cheese Salad Oranges Whole Wheat Roll	25 Caribbean Pork Sweet Potatoes Grilled Vegetables Grapes Whole Wheat Bread	26 Roasted Chicken Whipped Potatoes Squash Medley Fresh Fruit Whole Wheat Roll	27 Beef Slice in Gravy Peas & Onions Tomato Slices with Balsamic Vinegar Banana
30 Battered Fried Fish Spinach Bake Tossed Salad Pear Halves Whole Wheat Roll	1% Milk, Served Daily  Lunch is served M-F 12:00 Noon At Josephine Commons 455 N. Burlington Ave., Lafayette, CO	Stephanie Moriarty Nutrition Coordinator Lorna Beard Resource Coordinator 303-665-9052 	Lafayette Senior Services Is A Proud Partner 	