

Youth Programs

Soccer

REGISTRATION DEADLINES:

Youth Fall Soccer WEDNESDAY JULY 30
Youth Flag Football WEDNESDAY AUG. 6
Youth Basketball WEDNESDAY DEC. 10

NON-RESIDENT REGISTRATION FOR BASKETBALL BEGINS SEPTEMBER 11 for online, drop-off and mail-in registration (forms may be dropped off or mailed in before this date, but all will be processed at random on September 8).

NON-RESIDENT WALK-IN REGISTRATION BEGINS ON SEPTEMBER 10.



FALL TINY TYKE SOCCER 3 YRS

Having trouble keeping the 3-year-old on the sideline? Here is your chance to turn them loose and use some of that abundant energy. The Lafayette Recreation Department will be offering a 3-year-old soccer program (age determined as of October 30) for the little ones that just can't wait. This league will be instructed by Pancho Hansen and Karen Logan, teaching the very basics of the sport of soccer. A guardian must be present at all times.

Location: Recreation Center Fields.

REGISTRATION DEADLINE: Aug. 29 or when full. Two teams per section, sign up for Section A or B. To be on the same team participants must sign up for the same section.

Code	R/NR	Day	Time	Date	Sec
446000	\$38/\$48	Fri	3:30-4:15pm	9/5-10/10	A or B
446001	\$38/\$48	Fri	4:15-5:00pm	9/5-10/10	A or B
446002	\$38/\$48	Mon	10:30-11:15am	9/8-10/13	A or B
446003	\$38/\$48	Wed	10:30-11:15am	9/3-10/8	A or B

FALL PEE WEE SOCCER 4-5 YRS

Pee Wee soccer is open to boys and girls ages 4-5 years who are looking for a non-competitive activity (age determined as of October 30). The program will stress the instruction of soccer fundamentals with the emphasis on FUN and participation. The season is based on a six-week and three-game schedule.
Practice and game location: City Park Fields.

REGISTRATION DEADLINE: Friday, Aug. 30 or when full!

Fee includes t-shirt. Two teams per section, sign up for Section A or B. To be on the same team participants must sign up for the same section. Skill levels are used as guidelines only. Instructors: Pancho Hansen and Karen Logan.

BEGINNING (for participants who have never played and those coming out of 3-year-old Tiny Tyke Soccer)

Code	R/NR	Day	Time	Date	Sec.
446010	\$43/\$53	Mon/Wed	11:15-noon	9/3-10/11	A or B
446011	\$43/\$53	Mon/Wed	4:15-5pm	9/3-10/11	A or B
446012	\$43/\$53	Tue/Thu	2-2:45pm	9/2-10/11	A or B
446013	\$43/\$53	Tue/Thu	3:30-4:15pm	9/2-10/11	A or B

INTERMEDIATE (for participants with some experience)

Code	R/NR	Day	Time	Date	Sec.
446015	\$43/\$53	Mon/Wed	5:00-5:45pm	9/3-10/11	A or B
446016	\$43/\$53	Mon/Wed	3:30-4:15pm	9/3-10/11	A or B
446017	\$43/\$53	Tue/Thu	2:45-3:30pm	9/2-10/11	A or B
446018	\$43/\$53	Tue/Thu	4:15-5pm	9/2-10/11	A or B
446019	\$43/\$53	Tue/Thu	5-5:45pm	9/2-10/11	A or B

GAME DATES:

Friday evenings, Sept. 26, Oct. 3 & Oct. 10
Saturday mornings, Sept. 27, Oct. 4 & Oct. 11

FALL BOYS/GIRLS SOCCER 6-13 YRS

Stressing participation, development of skills and enjoyment, boys and girls ages 6-13 are encouraged to get involved. Practices will be twice per week, games on Saturdays. Age and division is determined by the chart in the next column.

SHIN GUARDS ARE REQUIRED.

REGISTRATION DEADLINE: **Wed., July 30.**

A \$10 late fee will be charged to all registrations after the deadline.

Practice locations: Local Lafayette parks

Game locations: City Park, Peak to Peak with some games held in Louisville.

AGE GROUPS

DIVISION

BIRTH DATES

U7	8/1/07 - 4/30/09
U9	8/1/05 - 7/31/07
U12	8/1/02 - 7/31/05

Code	R/NR	Age	Date
446100-A	\$48/\$58	U7 Boys	8/18-10/18
446101-A	\$48/\$58	U7 Girls	8/18-10/18
446102-A	\$48/\$58	U9 Boys	8/18-10/18
446103-A	\$48/\$58	U9 Girls	8/18-10/18
446104-A	\$48/\$58	U12 Boys	8/18-10/18
446105-A	\$48/\$58	U12 Girls	8/18-10/18

GAME DATES: Saturdays, September 6-October 18

COACHES MEETING: Tuesday, August 5 at 6 pm (BBRC)

VOLUNTEER COACHES are needed for this program. If interested, please call 303-665-0469.

Mandatory skills assessment - Sat, Aug. 2 - City Park

U7 Boys (A-L)	9:00 am	U9 Boys (M-Z)	10:15 am
U7 Boys (M-Z)	9:15 am	U9 Girls (A-L)	10:30 am
U7 Girls (A-L)	9:30 am	U9 Girls (M-Z)	10:45 am
U7 Girls (M-Z)	9:45 am	U12 Boys	11:00 am
U9 Boys (A-L)	10:00 am	U12 Girls	11:15 am

WE NEED VOLUNTEER COACHES!

OUR SPORTS PROGRAMS RELY ON VOLUNTEERS TO COACH YOUTH TEAMS.



The Recreation Staff provides coaches training and an understanding of the basic skills your players should be taught. All it takes is a willingness and interest in helping children. You'll be glad you did!

INTERESTED OR HAVE QUESTIONS?

Contact Kris Kron at 303-665-0469 or krisk@cityoflafayette.com



call our WEATHER HOT LINE 303-665-0468 ext. 3

Youth Programs

Basketball

TINY TYKE BASKETBALL KINDERGARTEN

Tiny Tyke basketball is an introduction for boys and girls who just can't wait. This program revolves around fun, participation and basic fundamentals in a team environment. Sign up for times on a first come, first serve basis. Fee includes T-shirt.

Location: Recreation Center Gym.

REGISTRATION DEADLINE: Friday, January 2, 2015, or when full! Two teams per section, sign up for Section A or B. To be on the same team participants must sign up for the same section.

Code	R/NR	Day	Time	Date	Sec.
512010	\$45/\$55	Fri	3:30-4:15pm	1/16-2/20	A or B
512011	\$45/\$55	Fri	4:15-5pm	1/16-2/20	A or B
512012	\$45/\$55	Fri	5-5:45pm	1/16-2/20	A or B

PEE-WEE BASKETBALL 1ST-2ND GRADE

This six week program will stress fundamentals with emphasis on FUN, participation and physical fitness. Games will be played the last three Fridays of the season. Sign up for practice days and times on a first-come, first-serve basis.

Location: Recreation Center Gym.

REGISTRATION DEADLINE: Friday, December 26, or when full! Two teams per section, sign up for Section A or B. Participants must sign up for the same section to be on the same team. Beginners are those with no previous basketball experience. Intermediates are those who were in Pee-Wee Basketball last year. *These are guidelines only.* If the time that works does not coincide with the correct level sign up for preferred session. **Games: Friday evenings - JAN. 30, FEB 6, 13**

BEGINNERS

Code	R/NR	Day	Time	Date	Sec.
512015	\$50/\$60	Mon/ Wed	4-4:45pm	1/5-2/13	A or B
512016	\$50/\$60	Mon/ Wed	4:45- 5:30pm	1/5-2/13	A or B

INTERMEDIATE

Code	R/NR	Day	Time	Date	Sec.
512017	\$50/\$60	Tue/ Thu	4-4:45pm	1/6-2/13	A or B
512018	\$50/\$60	Tue/ Thu	4:45- 5:30pm	1/6-2/13	A or B
512019	\$50/\$60	Tue/ Thu	5:30- 6:15pm	1/6-2/13	A or B

YOUTH BASKETBALL CLINIC 3RD-8TH GRADE

Learn basketball fundamentals and prepare for the upcoming season under the guidance of veteran coach Ralph Gutierrez and Lafayette staff. Clinic will be co-ed and work on shooting, dribbling and other related techniques to improve your overall game.

REGISTRATION DEADLINE: Friday, October 17.

Code	R/NR	Day	Time	Date	Grade
442100-A	\$36/\$46	Thu	5:30- 6:30pm	10/23- 12/4	3rd & 4th
442101-A	\$36/\$46	Thu	6:30- 7:30pm	10/23- 12/4	5th & 6th
442102-A	\$36/\$46	Thu	7:30- 8:30pm	10/23- 12/4	7th & 8th

***No clinic on Nov. 27.**

YOUTH BASKETBALL 3RD-8TH GRADE

This is an opportunity for young people to participate with an emphasis on FUN and PARTICIPATION. This program is open to boys and girls in the 3rd-8th grades. There will be two weekday, one-hour practices at local schools. **Games will be held at the Recreation Center on Saturday mornings. There may be some travel for games.**

REGISTRATION DEADLINE: Wednesday, December 3.

Practice locations: Local Schools. A \$10 late fee will be charged to anyone signing up after the deadline.

Games: JANUARY 17-FEBRUARY 28

Code	R/NR	Division	Date
516110-A	\$59/\$69	3rd-4th Grade Boys	1/5-2/28
516111-A	\$59/\$69	3rd-4th Grade Girls	1/5-2/28
516112-A	\$59/\$69	5th-6th Grade Boys	1/5-2/28
516113-A	\$59/\$69	5th-6th Grade Girls	1/5-2/28
516114-A	\$59/\$69	7th-8th Grade Boys	1/5-2/28
516115-A	\$59/\$69	7th-8th Grade Girls	1/5-2/28

Coaches meeting: Tue., Dec. 9, 6pm (BBRC)

Mandatory Skills Assessment - Sat., Dec. 6,

Location: Rec. Center Gym

3rd-4th Grade Boys (A-L) 8:30-9am

3rd-4th Grade Boys (M-Z) 9-9:30am

3rd-4th Grade Girls 9:30-10am

5th-6th Grade Boys (A-L) 10-10:30am

5th-6th Grade Boys (M-Z) 10:30-11am

5th-6th Grade Girls 11-11:30am

7th-8th Grade Boys 11:30am-12pm

7th-8th Grade Girls 12-12:30pm

Youth Programs

Racquet Sports



FALL YOUTH TENNIS LESSONS

All youth tennis lessons participants must bring a racquet, water and a can of balls to the first lesson. Class sizes will range from four to eight participants and all sessions are conducted in three-week intervals. **For tennis-related information, please call Steven Donahue at 303-547-7177. Visit www.hustlesports.net for more information.**

Location: LaMont Does Park.

SUMMER SESSION IV - DAYS: MONDAY/WEDNESDAY

Code	Course	Ages	R/NR	Day	Time	Date
436070-D	Tiny Tot	4-6	\$70/ \$80	M/W	3:45- 4:15pm	8/11- 8/27
436075-D	Youth Beginner	7-15	\$70/ \$80	M/W	4:20- 5:10pm	8/11- 8/27
436080-D	Youth Adv. Beginner	7-15	\$70/ \$80	M/W	5:15- 6:05pm	8/11- 8/27

FALL SESSION I

Code	Course	Ages	R/NR	Day	Time	Date
446070-A	Tiny Tot	4-6	\$70/ \$80	M/W	3:45- 4:15pm	9/1- 9/17
446075-A	Youth Beginner	7-15	\$70/ \$80	M/W	4:20- 5:10pm	9/1- 9/17
446080-A	Youth Adv. Beginner	7-15	\$70/ \$80	M/W	5:15- 6:05pm	9/1- 9/17

* No class Sept. 1, make-up on Sept. 5.

FALL SESSION II

Code	Course	Ages	R/NR	Day	Time	Date
446070-B	Tiny Tot	4-6	\$70/ \$80	M/W	3:45- 4:15pm	9/22- 10/8
446075-B	Youth Beginner	7-15	\$70/ \$80	M/W	4:20- 5:10pm	9/22- 10/8
446080-B	Youth Adv. Beginner	7-15	\$70/ \$80	M/W	5:15- 6:05pm	9/22- 10/8

RACQUETBALL LESSONS 9-15 YR OLD

Learn the fundamentals of racquetball through this instructional program. Basic skills and rules will be the focus, along with light competition through games. Each participant must supply eye protection and racquet. These group lessons will include instruction for both beginning and intermediate levels, depending on interest. Maximum four players per group. Minimum two players per group.

Location: Recreation Center courts.

Instructor: Rebecca Frasier. Registration must be completed by the Friday before the first class begins.

BEGINNER

Code	R/NR	Day	Time	Date
442000-A	\$43/\$53	Mon	4:30-5:30pm	8/25-10/6*
442001-A	\$43/\$53	Mon	5:30-6:30pm	8/25-10/6*
442000-B	\$43/\$53	Mon	4:30-5:30pm	10/13-11/17
442001-B	\$43/\$53	Mon	5:30-6:30pm	10/13-11/17

* No class Sept. 1

INTERMEDIATE

Code	R/NR	Day	Time	Date
442005-A	\$43/\$53	Mon	6:30-7:30pm	8/25-10/6*
442005-B	\$43/\$53	Mon	6:30-7:30pm	10/13-11/17

* No class Sept. 1

ADVANCED

Code	R/NR	Day	Time	Date
442006-A	\$43/\$53	Tue	5-6pm	9/2-10/7
442006-B	\$43/\$53	Tue	5-6pm	10/14-11/18



LAFAYETTE HIGH SCHOOL ULTIMATE TEAM

Open to all area high school age boys and girls to play. Ultimate is a fast-paced game that incorporates the aspects of soccer and football, but with a frisbee disc. League play will be through the Colorado High School Ultimate League with games in the north Denver metro area. Two practices per week with fees covering the cost of an annual USA Ultimate registration and team uniform. Practices start the week of August 25. Must be in high school for fall 2015 to participate.

Code	R/NR	Date	Location
446180-A	\$85R/\$95NR	8/25-11/1	Whitetail Park

Youth Programs

Flag Football

YOUTH FLAG FOOTBALL

6-13 YRS

Play in this recreational flag football league run in cooperation with Louisville. Practices will begin the week of August 18 and will be held locally. Games will begin September 5 and some travel to Louisville for games will be required. Mouthpiece is mandatory to participate.



REGISTRATION DEADLINE IS AUGUST 6
SKILLS ASSESSMENT IS ON AUGUST 7.

Coaches needed, please contact Kris Kron if interested at 303-665-0469.

Age as of October 30th.

Games: FRIDAYS, SEPT. 5-OCT. 17.

Game Location: LaMont Does Park
Louisville Sports Complex.

Code	R/NR	Division	Date
446150-A	\$48/\$58	6-8 yr old	8/18-10/17
446152-A	\$48/\$58	9-11 yr old	8/18-10/17
446154-A	\$48/\$58	12-13 yr old	8/18-10/17

Skills Assessment: Thursday, Aug. 7 at City Park

6-8 year olds: 5pm (A-L) 5:15pm (M-Z)

9-11 year olds: 5:30pm (A-L) 5:45pm (M-Z)

12-13 year olds: 6:00pm (A-Z)

Coach's Meeting: Thursday August 7, 6:30pm at the BBRC (immediately following skills assessment)

OTHER LOCAL SPORTS PROGRAMS

Lady Warriors Fastpitch Softball:

A competitive fast pitch program for **girls 10-18 years of age**. Tryouts held in August.

www.ladywarriors.com for more information.

Lafayette Bobcat Football:

Full-contact competitive league for **8-13 year olds**. Registration begins in July.

www.lafayettebobcats.com or (303) 666-4124.

Trebol Soccer Club:

Developmental, intermediate, and competitive teams for various age levels.

(720) 876-2237 or www.treboloccer.org.

Coal Creek Little League Baseball:

Baseball for **boys and girls aged 6-14**. Registration begins December with evaluations held in late Feb. www.ccllbaseball.org

Centaurus Boy's Junior Basketball:

Competitive feeder program for **boys in grades 6th-8th**. Tryouts in September.

National Sports Center for the Disabled - Soccer League:

Participation of ambulatory **boys and girls aged 7-18 with physical disabilities**.

Contact lwjames@comcast.net or (303) 725-0745.



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BEGINNING YOUTH WEIGHT TRAINING 12+ YRS

This class can give youths the tools to start down the road to health. Through education, hands on training, and fitness testing, our participants will see their progress and reach their goals. The Recreation Center will waive the policy of 15 and older age limit for this class only. Taught by qualified instructors at the Recreation Center, it will include: free weights, selectorized and cardiovascular machines as well as weight room etiquette and safety. Must be at least 12 years old to participate in class.

Participants who have successfully completed the Youth Weight Training Class may use the Weight Room Monday - Friday from 4-5pm only.

BEGINNER

Code	R/NR	Day	Time	Date
442040-A	\$55/\$65	Tue/Thu	4-5pm	8/26-9/18
442040-B	\$55/\$65	Tue/Thu	4-5pm	9/23-10/16
442040-C	\$55/\$65	Tue/Thr	4-5pm	10/21-11/13
442040-D	\$55/\$65	Tue/Thr	4-5pm	11/18-12/18*

INTERMEDIATE

Code	R/NR	Day	Time	Date
442041-A	\$55/\$65	Tue/Thu	5-6pm	8/26-9/18
442041-B	\$55/\$65	Tue/Thu	5-6pm	9/23-10/16
442041-C	\$55/\$65	Tue/Thr	5-6pm	10/21-11/13
442041-D	\$55/\$65	Tue/Thr	5-6pm	11/18-12/18*

* No class Nov. 25 or 27

YOUTH WEIGHT ROOM ORIENTATIONS & ID POLICY AGES: 15-17 YEARS

In an effort to provide the opportunity to safely enjoy our weight and fitness equipment, orientations for youth between the ages of 15 and 17 years are required. This brief orientation, along with a weight room ID card, is a service offered by the Recreation Center at no charge beyond paid admission to the center. To guarantee a orientation spot, please call for an appointment.



Fitness attendant hours: Monday, 5-6:30 p.m.

PARENT/YOUTH WORKOUT TIMES

Parents and youth 12 years and older are now welcome to work out together at the Bob L. Burger Recreation Center. This includes use of weight room, cardiovascular equipment and track.

Work out anytime, except Monday-Thursday, 5-7:30pm, our peak time.

- Child must be 12 years or older.
- Parent and child must be working out together. Not just in the facility together. This means that the parent is supervising their child's workout.
- Parent and child must come in together to do a weight room orientation with a weight room supervisor, Monday 5-6:30pm, before beginning workouts on their own. Orientation is free of charge, daily admission fee required for parent and youth. By appointment only. Please call 303-665-0469 to schedule.
- Child will receive a Parent/Youth weight room ID, at no additional charge, following the orientation.
- Use of the facility is a privilege and can be revoked at any time should parent and youth not adhere to the rules.

Stay on top of the
at the Bob Burger
Recreation Center!

BUZZ...

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Youth Programs

Fitness

Please welcome

Maura Capaul, FNP



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300 Exempla Circle, Suite 420 | Lafayette, CO 80026
720-565-6101 | lafayettemedped.com

Photo Request

Do you have a great sports shot of the winning soccer goal?

A photo of your family swimming at the BBRC or LaMont Does?

A group of children at one of our parks or a captured sunset at one of our trails?

Any photo, we would love to see them.

Post them on our Facebook page or email your high-resolution images to christina.cardinale@cityoflafayette.com



KARATE-SHUDOKAN-STYLE

BASE 5 AND UP

This great class is the best youth Karate bargain in the Lafayette area! Instructor Jim Kaus is a Black Belt in Shudokan style Karate and has been teaching at the Bob Burger Recreation Center for over 15 years. The beginner class is open to youth 5 and up and will teach

basic fundamentals of the Shudokan style while the intermediate class will advance to more experienced areas including belt training (if desired, but not required).

BEGINNER

Code	R/NR	Day	Time	Date
442030-A	\$42/\$52	Tue/Thu	3:30-4:15 pm	8/5-9/4*
442030-B	\$42/\$52	Tue/Thu	3:30-4:15pm	9/9-10/2
442030-C	\$42/\$52	Tue/Thu	3:30-4:15pm	10/7-10/30
442030-D	\$42/\$52	Tue/Thu	3:30-4:15pm	11/4-12/4**

* No class Aug. 12 and 14

** No class Nov. 25-27

INTERMEDIATE

Code	R/NR	Day	Time	Date
442031-A	\$47/\$57	Tue/Thu	4:15-5:30pm	8/5-9/4*
442031-B	\$47/\$57	Tue/Thu	4:15-5:30pm	9/9-10/2
442031-C	\$47/\$57	Tue/Thu	4:15-5:30pm	10/7-10/30
442031-D	\$47/\$57	Tue/Thu	4:15-5:30pm	11/4-12/4**

* No class Aug. 12 and 14

** No class Nov. 25-27