



Mommy and Me Yoga

Expand your yoga practice with this interactive class that incorporates your new baby, while focusing on the special needs of new mothers. You will learn energizing yoga techniques to strengthen and rejuvenate your core and infant massage techniques that aid in baby's sleep and healthy digestion. Connect with a community of mothers with new babies. This class is perfect for the mom who wants to return to her yoga practice or those new to yoga. Students should bring a blanket for baby to each class. **Drop in Class - fees paid with your annual pass, punch card or daily fee.**

R/NR	Day	Time	Starts
Daily Admission	Tue	1:00-2:00 pm	August 3

***Tiny Tots Dance (Ages 3-4 years)**

Classes are designed for the little dancers who want to have fun and learn to dance. Girls must have ballet shoes, pink tights, leotard and hair in a bun. Boys must have blue or black shorts, white t-shirt and white ballet shoes. **Instruction provided by Reverence Academy of Dance.** Location: Bob L. Burger Recreation Center.

Code	R/NR	Day	Time	Date
41550A	\$80/\$90	Wed	3:45-4:30 pm	Sept 1-Oct 20
41550B	\$80/\$90	Wed	3:45-4:30 pm	Oct 27-Dec 22*

* No class Nov 24

***Beginning Ballet (Ages 4-5 years)**

Learn the basics of ballet in a fun and relaxed atmosphere. Girls must have ballet shoes, pink tights, leotard and hair in a bun. Boys must have blue or black shorts, white t-shirt and white ballet shoes. **Instruction provided by Reverence Academy of Dance.** Location: Bob L. Burger Recreation Center.

Code	R/NR	Day	Time	Date
41551A	\$80/\$90	Wed	4:30-5:15 pm	Sept 1-Oct 20
41551B	\$80/\$90	Wed	4:30-5:15 pm	Oct 27-Dec 22*

* No class Nov 22



***Harmony A.C.T. Super Hero Art Camp (ages 3-6)**

Calling all Super Hero's! Boys and girls, here is your chance to come play and make some cool super hero crafts and props. We will be looking at: Spiderman, Superman, Wonder Women, Batman, The Incredible's, Fantastic Four, Iron Man, and more. The last day of camp kids will be their own special super hero that will have super powers. Kid's can come dressed as their favorite character. We work with a large range of art mediums and textures. Come play, create art, and have a snack that is provided.

Code	R/NR	Day	Time	Date
31926A	\$132/\$142	Mon-Fri	9:00-11:00 am	Aug. 9-13

***Friday Fun with Harmony A.C.T. Art (ages 2-4)**

Drop off class where children will get to make three projects to take home each class. We will be working with a large range of art material and art mediums: Clay, plaster, foam, fabric, wood, paint, and much more. If you have any questions please call Harmony Larke at 303-817-9654 or www.harmonysact.org. Session 1 Fall - Animals that Hibernate. Session 2 Winter - Artic animals. \$10 art portfolio bag and supplies due to the instructor at the first class

Code	R/NR	Day	Time	Date
41120A	\$85/\$95	Fri	1:00-2:00 pm	Sept 10-Oct 15
41120B	\$85/\$95	Fri	1:00-2:00 pm	Oct 22-Dec 3*

* No class Nov 26

We're not just events anymore!!

Come visit us at

Shop Kids Resale & Consignment
900 S. Hover Rd, Longmont
303-776-0510
www.shopkidsconsignment.com
www.shopkidsevent.com

Shop Kids Consignment Sale Event is the fun way to:

- Shop for kids items
- Save money on kids items
- Make money on kids items (70% of sales and more)
- Recycle unwanted kids items
- Raise money for your non-profit organization

Shop Kids Event benefits many area non-profits