



celebrate JULY

July is National Parks and Recreation Month

| sun | mon | tues | wed | thurs | fri | sat |
|--|--|---|--|--|---|--|
| <p>These events require a reservation: 303-665-0469</p> <p>These events require a web coupon; download at www.cityoflafayette.com/recreation</p> | | | 1 FAMILY DAY Buy One/Get One Free @ the Rec Center & LaMont Does Pool | 2 FREE BODY COMBAT™ CLASS Recreation Center 6:45-7:15pm | 3 <i>Grab your pole and enjoy an afternoon of fishing at Waneka Lake!</i> | 4 Happy 4th of July! |
| 5 SELF-LED SCAVENGER HUNT Waneka Lake | 6 FREE BODY COMBAT™ CLASS Recreation Center 7:00-7:30am | 7 GUIDED WALKING TOUR of the Two Creeks Property 7pm | 8 Concert Series at Waneka Lake Park Deja Blue 7:00pm | 9 FREE BODY COMBAT™ CLASS Recreation Center 1:15-1:45pm | 10 "TRY"athlon for Kids LaMont Does Park 11am; \$10/\$15 | 11 IT'S A BUG'S LIFE Kids class @ the Outdoor Classroom 10am |
| 12 <i>Cruise Waneka Lake in a paddleboat or canoe!</i> | 13 FREE BODY COMBAT™ CLASS Recreation Center 1:15-1:45pm | 14 GUIDED BIKE TOUR Rothman Trail Loop 6pm | 15 Concert Series at Waneka Lake Park The Trampolines 7:00pm | 16 GUIDED HISTORY HIKE of the Harney-Lastoka Property 6pm | 17 Visit the GREAT BARK DOG PARK | 18 GUIDED BIKE TOUR Coal Cree-Marshall Mesa Trail Loop 8am |
| 19 Visit the GREENLEE VIEWING PLATFORM at Waneka Lake | 20 RAPTOR ADAPTATIONS Kids class @ the Outdoor Classroom 7pm | 21 BILINGUAL STORY TIME Festival Plaza 10:30-11:30am | 22 Concert Series at Waneka Lake Park Papa Juke 7:00pm | 23 <i>It's Nat'l Hotdog Day - have a picnic at a Lafayette park!</i> | 24 \$10 FAMILY ADMISSION at the Recreation Center | 25 FREE GYMNASTICS CLASS Recreation Center Ages 2-1/2 to 9 1-4pm |
| 26 <i>Enjoy a game of tennis at the LaMont Does tennis courts</i> | 27 <i>Play a round of golf at the Indian Peaks Golf Course</i> | 28 GUIDED BIKE TOUR Coal Creek-Rock Creek Farm Loop 6pm | 29 Concert Series at Festival Plaza KenK 7:00pm | 30 FREE BODY COMBAT™ CLASS Recreation Center 2:45-3:15pm | 31 FAMILY DAY Buy One/Get One Free @ the Rec Center & LaMont Does Pool | |

updated 6/22/09



111 West Baseline Rd
 303.665.0469
www.cityoflafayette.com/recreation

See back side for detailed event information

JULY is Nat'l Parks and Recreation Month



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| DATE | RSVP | EVENT | DESCRIPTION |
|------|--------------|-------------------------------------|--|
| 1 | coupon req'd | Friends/Family Day | Purchase 1 admission to the Rec Center or LaMont Does Pool and receive a 2nd admission of equal or lesser value for free! Download the web coupon at www.cityoflafayette.com/recreation |
| 2 | X | Body Combat Class | Attend a free technique class at the Recreation Center. This Les Mills™ program gives you a cardio workout with a martial arts, boxing and Tai Chi influence. Recreation Center; 6:45-7:15pm |
| 3 | | Fishing | <i>Grab your fishing pole and enjoy an afternoon of fishing at Waneka Lake</i> |
| 4 | | 4th of July | Happy Fourth of July! |
| 5 | | Scavenger Hunt | Download the Scavenger Hunt Map from our website and enjoy a great family activity that will take you on a tour around Waneka Lake. This activity can be done at your leisure any day, any time. |
| 6 | X | Body Combat Class | Attend a free technique class at the Recreation Center. This Les Mills™ program gives you a cardio workout with a martial arts, boxing and Tai Chi influence. Recreation Center; 7-7:30am |
| 7 | X | Two Creeks Walk | A guided tour of the City's largest undeveloped open space site. Meet at Flagg Park for a leisurely loop through the property. "Off trail" hiking, wildlife habitat viewing. 7:00 pm |
| 8 | | Waneka Concert | Recreation Dept sponsored concert series at Waneka Lake Park; Deja Blue - 7pm |
| 9 | X | Body Combat Class | Attend a free technique class at the Recreation Center. This Les Mills™ program gives you a cardio workout with a martial arts, boxing and Tai Chi influence. Recreation Center; 1:15-1:45pm |
| 10 | X | TRYathlon | Kids 6-11 will swim, run & bike. LaMont Does Park 11am. \$10R/\$15NR Open swim after the race |
| 11 | X | It's a Bug's Life | Collect, identify & explore the captivating world of insects. Outdoor Classroom - 10 am |
| 12 | | Paddleboat rides | Cruise Waneka Lake in a paddleboat or canoe! Weekend rentals @ the Waneka Lake Boathouse. |
| 13 | X | Body Combat Class | Attend a free technique class at the Recreation Center. This Les Mills™ program gives you a cardio workout with a martial arts, boxing and Tai Chi influence. Recreation Center; 1:15-1:45pm |
| 14 | X | Bike Tour w/LOSAC | Rothman-Erie: Meet @ Rec Cntr Hockey Rink at 6pm, Rothman to Erie Res then back. Family-friendly |
| 15 | | Waneka Concert | Recreation Dept sponsored concert series at Waneka Lake Park; The Trampolines - 7pm |
| 16 | X | Historic Harney-Lastoka Guided Hike | This historical 'rough' hike, currently closed to the public, tours the previous home of the Rex #1 Coal mine and unmaintained agricultural areas. Properties are under construction so hiking shoes/long pants are req'd. Ages 6+. Meet at Kerr Community Gardens (Hwy 42 & So Boulder Rd) 6 pm |
| 17 | | Great Bark Park | Take Spot for a play date in this 6 acre native grass dog park; Located north of Baseline on 119th |
| 18 | X | Bike Tour w/LOSAC | Coal Creek-Marshall Mesa. Meet @ Festival Plaza at 8am; Long ride over rough terrain-mountain bike suggested. (Alt route available for a shorter ride) |
| 19 | | Greenlee Preserve | The Greenlee Wildlife Viewing Platform assists you to identify various creatures who call Waneka Lake home. Located at the northwest corner of the Waneka Lake trail. |
| 20 | X | Raptor Adaptations | Study the wings, talons and skulls of North American birds of prey. Outdoor Classroom - 7pm |
| 21 | | Story Time | Bilingual story time at the Festival Plaza; 10:30-11:30am |
| 22 | | Waneka Concert | Recreation Dept sponsored concert series at Waneka Lake Park; Papa Juke - 7:00pm |
| 23 | | Picnic | <i>It's Nat'l Hotdog Day - have a picnic at one of Lafayette's local parks</i> |
| 24 | | Family Admission | \$10 admits 2 adults and 2 children at the Bob Burger Recreation Center. THIS OFFER IS AVAILABLE EVERYDAY WITHOUT A COUPON! |
| 25 | X | Gymnastics | Participate in age-appropriate, introductory gymnastics classes; 1-4pm, 2-1/2 to 9 years |
| 26 | | Tennis | <i>Enjoy a game of tennis at the LaMont Does tennis courts</i> |
| 27 | | Golf | <i>Play a round of golf at the Indian Peaks Golf Course (Monday is Senior Discount Day)</i> |
| 28 | X | Bike Tour w/LOSAC | Coal Creek-Rock Creek Farm: Meet @ Festival Plaza at 6pm, Rock Creek Farm and back via CC Trail |
| 29 | | Waneka Concert | Recreation Dept sponsored concert series at Festival Plaza; KenK - 7:00pm |
| 30 | X | Body Combat Class | Attend a free technique class at the Recreation Center. This Les Mills™ program gives you a cardio workout with a martial arts, boxing and Tai Chi influence. Recreation Center; 2:45-3:15pm |
| 31 | coupon req'd | Friends/Family Day | Purchase 1 admission to the Rec Center or LaMont Does Pool and receive a 2nd admission of equal or lesser value for free! Download the web coupon at www.cityoflafayette.com/recreation |

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